

The Trauma Disorders Program

at Sheppard Pratt

The Trauma Disorders Program is a nationally and internationally recognized program for the treatment of individuals with trauma-related disorders, including dissociative disorders, post-traumatic stress disorders (PTSD), and other complex post-traumatic conditions. Located on Sheppard Pratt's flagship campus in Baltimore, MD, we offer:

- A co-ed inpatient unit with private rooms
- A multidisciplinary treatment team that provides a structured, supportive environment with a focus on safety to facilitate stabilization and step-down to lower levels of care
- A wide range of therapies, including individual therapy; milieu therapy; art therapy; and process-oriented, experiential, and psychoeducational group therapies
- Collaboration with each patient's outpatient treatment team to ensure a smooth transition upon discharge
- Educational focus; post-doctoral fellowships in psychology and psychiatry are available

We participate with most insurance plans. To speak with the admissions coordinator at The Trauma Disorders Program, please call **410-938-5078**.



Sheppard Pratt

Learn more at sheppardpratt.org

Sheppard Pratt is the nation's largest private, nonprofit provider of mental health, substance use, special education, developmental disability, and social services. We serve 70,000 people annually across a comprehensive continuum of care, spanning both hospital- and community-based resources.