

International Board Certified Lactation Consultant® (IBCLC®) Certification

IBCLC Examination Eligibility Criteria

Education *(complete all)*

- **Health science subjects:** via recognised clinical health profession *or* 14 subject courses, *AND*
- **Human lactation and breastfeeding:** 95 hours, including 5 hours of education focused on communication skills, within 5 years prior to application, *AND*

Lactation-Specific Clinical Practise *(choose one)*

- **Pathway 1:** 1,000 hours in an appropriate supervised setting, *OR*
- **Pathway 2:** 300 hours of directly supervised lactation-specific clinical practise at an accredited lactation academic programme, *OR*
- **Pathway 3:** 500 hours in mentorship with an IBCLC pre-verified by IBLCE

(All clinical hours must be completed within 5 years prior to application)

IBCLC Recertification Criteria

To remain certified, IBCLCs must recertify every 5 years by one of two recertification methods:

Recertification by CERPs - *OR* - Examination

- **Continuing Education Self-Assessment (CE Self-Assessment):** Available beginning in October 2021.
- **75 Continuing Education Recognition Points (CERPs):** Informed by the results of the CE Self-Assessment.

- IBCLCs due to recertify in 2022 and beyond still have the *option* to sit the IBCLC examination, but it is no longer a *requirement*.

In addition, all recertifying IBCLCs must complete the following:

Lactation Consulting Practise

- **250 hours** (education, administration, research, clinical practice, advocacy), *AND*

Basic Life Support Education

- This is included in the 75 CERPs you need to recertify by CERPs.



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