



Patrick M. Magoon Institute for Healthy Communities

HEALTH IS MORE THAN HEALTHCARE

Achieving a healthier future for every child requires more than providing the best healthcare. As the top children's hospital in Illinois, we are pioneers in linking clinical work to community-focused initiatives. Community health transformation is a long-term commitment, and our dedication to children's health and well-being, inside and outside the walls of the hospital, is over 135 years strong. We create strong partnerships with communities and work together to develop and implement evidence-based initiatives to help children thrive.

Initiatives and Impact

Lurie Children's extends our clinical expertise into the community through an array of initiatives that address pressing health challenges affecting children, youth and families.

Preventing Violence

Strengthening Chicago's Youth (SCY), the largest violence prevention collaborative in Chicago, serves as a catalyst for innovative ideas to prevent violence using a public health approach. We can make our city safer by ensuring access to mental health services, adopting common sense approaches to gun violence prevention and improving the justice system.

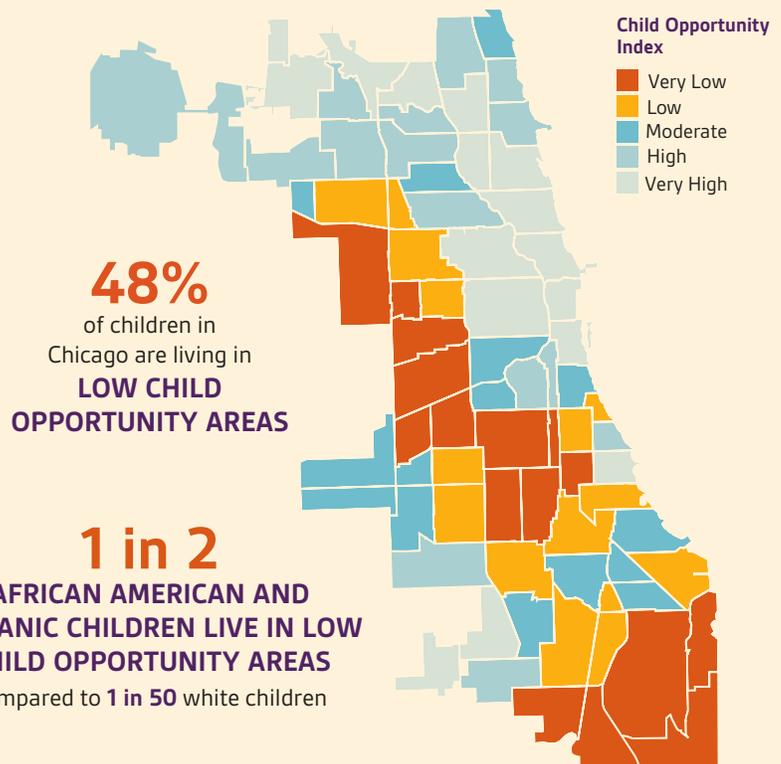
- Over 4,000 violence prevention partners across Illinois
- More than 900 partners attend trainings and educational opportunities annually

The **Juvenile Justice Collaborative**, led by SCY, aims to minimize further involvement of arrested youth in the justice system and reduce racial disparities by facilitating and coordinating access to comprehensive support services that meet adolescents' developmental needs.

The **Illinois Violent Death Reporting System (IVDRS)** and the **Statewide Unintentional Drug Overdose Reporting System (SUDORS)**, both housed at Lurie Children's, pool information about the "who, when, where and how" of violent and overdose deaths to provide a more complete picture and develop insight into "why" they occur. This information provides the foundation for building successful policies and programs to prevent violence and drug overdose across all Illinois communities.

FOR MOST CHILDREN, THEIR ZIP CODE IMPACTS THEIR HEALTH MORE THAN THEIR GENETIC CODE

Children in under-resourced neighborhoods are affected by multiple health issues. Our neighborhood initiatives are focused on areas where the Child Opportunity Index (COI) is low/very low. The COI measures community characteristics — income, education, housing, food access, green space — that influence a child's health and development.





Increasing Resilience and Access to Mental Health Services

To address the shortage of pediatric mental healthcare providers, Lurie Children's **Pritzker Department of Psychiatry and Behavioral Health** is training community practice pediatricians to evaluate, treat and monitor common mild-to-moderate psychiatric disorders. Group interventions are also provided to increase access to evidence-based services among youth who suffer from common mental health conditions. These models reduce wait-times for mental health services, while increasing communication between providers.

The **Center for Childhood Resilience (CCR)** equips school districts and youth-serving organizations with the tools and strategies to promote mental wellness and ensure that every child has access to safe environments, supportive adults and the skills to thrive.

- Since 2016, over 4,500 educators, professionals and community providers, including eight school districts, trained to address the impact of trauma; build supportive, trauma-informed environments; and recognize and respond to signs and symptoms of crisis



Promoting Health and Safety

The Injury Prevention & Research Center (IPRC) addresses the leading causes of injury to Illinois children through behavioral risk reduction and the promotion of safe physical and social environments.

- More than 1,000 car seats, 1,800 home safety kits, 1,600 bike helmets, 700 window safety devices and 1,100 smoke detectors distributed annually
- Over 700 coaches and 5,000 athletes trained through our **Knee Injury Prevention Program (KIPP)** annually
- Lurie Children's led efforts to change the laws around concussion safety and trained over 1,800 school staff on our **Institute for Sports Medicine's** "Return to Learn" concussion curriculum since 2015

Each summer, our **Community Volunteer Corps** trains and deploys volunteers to share targeted safety and health information at neighborhood festivals and health-related events throughout the city. We use interactive games to teach children and families about health-related issues, including poison prevention and nutrition.

- Over 100 volunteers reach more than 3,000 families annually



Promoting Healthy Lifestyles

A nationally-recognized leader for community-based obesity prevention, the **Consortium to Lower Obesity in Chicago Children (CLOCC)** develops, supports and disseminates interventions to address the root causes of obesity.

- Over 50 Chicago Public Schools (CPS) work with CLOCC to achieve various health and wellness standards through the Healthy CPS designation annually
- Over 6,000 staff from 1,000+ organizations trained to deliver our 5-4-3-2-1 Go! healthy lifestyle message since 2007

Preventing Alcohol Abuse in Chicago Teens (PAACT) is a multi-agency coalition convened by Lurie Children's to reduce underage drinking through evidence-based prevention strategies targeting youth in Chicago's communities.

WHY HEALTHY COMMUNITIES INITIATIVES ARE NEEDED

60%



of youth have been exposed to violence and abuse by age 17

1 in 2



Chicago sixth graders are overweight or obese

20%



of kids will develop a mental health disorder by the time they graduate high school



IMPACT AND SUCCESSES

- Generated more than **\$16 million** since 2017 in philanthropic funding essential to building and sustaining public health and community outreach programs
- Lurie Children's public health experts partner with staff and families across Chicago Public Schools, Chicago Public Libraries, and Chicago Park Districts
- In July 2018, opened first Chicago food pantry in pediatric outpatient setting for patients and families identified as struggling with hunger



Promoting Inclusion and Supporting Marginalized Youth

Our **Potocsnak Family Division of Adolescent and Young Adult Medicine** leads advocacy, education and outreach initiatives supporting the healthy development of youth, particularly those who are members of marginalized and underrepresented communities.

- Over 2,000 participants trained on gender and LGBTQ inclusive practices
- Since 2012, we have provided over 4,000 free HIV screenings and 900 STI tests

Through our **Supporting Adolescents with Independent Life Skills (SAILS) Program** and **Education Liaison Program**, we work closely with families, schools and communities to ensure young people with chronic diseases have the resources and develop the skills to be successful in school and in their transition to adulthood.

Investing in Our Youth and Communities

To ensure that we can deliver healthcare that meets social, cultural and linguistic needs, we strive to have a workforce that mirrors the diversity of our patients. In addition, we proactively reach out to young people in under-resourced communities to ensure that they have access to opportunities in healthcare careers through Lurie Children's **Workforce Education and Community Engagement**.

- Over 200 students participate in internships annually
- More than 65 former interns are now employed at Lurie Children's

Through our partnership with **Chicago Youth Programs (CYP)**, we aim to improve the health and life opportunities of at-risk youth through a unique and evidence-based program that combines comprehensive healthcare with positive activities like mentoring, tutoring, leadership development and recreational programs.

- Over 1,000 youth are served annually through our CYP Clinic and positive youth development programming

We are the pediatric leader in **West Side United**, the nation's largest hospital collaborative focused on elevating community health and well-being, working to improve the health of individuals on Chicago's West Side.

- Co-chair of West Side Anchor Committee, which brings hospitals together to strategically and collaboratively increase recruitment, career advancement, procurement and investment in under-resourced neighborhoods
- Committed \$500,000 in loans and \$25,000 in grants to West Side investments

Lurie Children's invests more than \$200,000 annually in community-based health centers to support various efforts to strengthen community-based medical homes for Chicago children and adolescents.

1/3



of Lurie Children's patients live in under-resourced Chicago neighborhoods

17-year difference



in life expectancy of Chicagoans between highest and lowest resourced neighborhoods

Preventable injuries



are the leading cause of death for youth aged 1–24 years

Bringing a Community of Care to Kids in the Community

With your help, we can reach a day when every child, in every community, has an opportunity to reach their full potential. Join us in this important work by:

- **VOLUNTEERING**

Join the **Community Volunteer Corps** to educate families about health and safety at neighborhood festivals and fairs.

- **BECOMING AN ADVOCATE**

Make an impact on child health and well-being and sign up on our website to contact your elected officials about legislation that supports children's health.

- **MAKING A DONATION**

Support **Patrick M. Magoon Institute for Healthy Communities**, which relies on philanthropic funding.



“Hospitals are becoming anchor institutions, especially for communities with few resources. We have a real opportunity to improve the health of populations while reducing hospital admissions, costs and family stress.”

Karen Sheehan, MD, MPH

Medical Director

Arnold-Gorter Family Professor of Healthy Communities



All,
for
your
one.®



Learn More and Get Involved

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