



What is Applied Behavior Analysis (ABA)?

Behavior analysis is a scientifically validated approach to understanding behavior and how it is affected by the environment. In this context, "behavior" refers to actions and skills. "Environment" includes any influence – physical or social – that might change or be changed by one's behavior.

Applied Behavior Analysis (ABA) is widely recognized as a safe and effective treatment for autism. A number of state and federal agencies, including the U.S. Surgeon General, have endorsed it. Over the last decade, the nation has seen a particularly dramatic increase in the use of ABA to help persons with autism live happy and productive lives. In particular, ABA principles and techniques can foster basic skills such as looking, listening and imitating, as well as complex skills such as reading, conversing and understanding another person's perspective.

The goal of ABA is meaningful and positive changes in behavior that will result in enhanced quality of life.

What is Early Intervention?

Early intervention is intended for infants and toddlers who have a developmental delay or disability. Eligibility is determined by evaluating the child to see if s/he does, in fact, have a delay in development or a disability. Research demonstrates that early intervention is essential in addressing problematic behaviors and remediating core deficits related to autism, such as communication and socialization skills.

How can Autism Learning Partners (ALP) help?

Autism Learning Partners provides treatment for children of all ages based on the principles of Applied Behavior Analysis (ABA). A Behavior Technician works directly with the child under the supervision of a Board-Certified Behavior Analyst (BCBA).

Autism Learning Partners provides ABA therapy services in the home, clinic, school, and community settings.

We collaborate with other educational and therapy professionals working with the child to ensure continuity of care. We focus on moving the child from 1:1 services to integration with same-age peers to enhance their socialization skills.

What are the basic principles of ABA?

Behavior analysis focuses on the principles that explain how learning takes place. Positive reinforcement is one such principle. When a behavior is followed by some sort of reward, the behavior is more likely to be repeated. Through decades of research, the field of behavior analysis has developed many techniques for increasing useful behaviors and reducing those that may cause harm or interfere with learning.

