

#1
**PEDIATRICIAN
 RECOMMENDED
 VITAMIN
 BRAND**



From belly to brain and all the good things in between.

At Enfamil®, there's only one thing on our minds — a child's healthy development.
 That's why you'll find the dedication, commitment, and nutritional science
 in every supplement we make. From probiotics for the tummy to DHA for the brain.



**IMMUNE
 HEALTH
 AND TUMMY
 SUPPORT***



**EVERYDAY
 HEALTH
 SUPPORT***



**BRAIN
 SUPPORT***

Let's fuel the wonder.™

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Enfamil® Dual Probiotics

to support gut and immune health*

Also available with 10 mcg (400 IU) of Vitamin D for breastfed infants

DO YOU HAVE ANY PATIENTS THAT COULD BENEFIT FROM GUT OR IMMUNE SUPPORT?

Enfamil Dual Probiotics have LGG®† and BB-12®†, two of the most studied probiotic strains.

Designed to help the developing microbiome and support gut and immune health.*^{1,2}

- Help manage colic‡
- Support healthy gut barrier function*
- Support immune health*

Did You Know?

“Any breastfeeding infant, regardless of whether he or she is being supplemented with formula, should be supplemented with 400 IU (10 mcg) of vitamin D.”

– Pediatrics. 2008³

ENFAMIL DUAL PROBIOTICS WITH LGG AND BB-12

- ✓ Non-GMO
- ✓ No sucrose, artificial sweeteners, or silicon dioxide

NUTRIENTS:
DUAL PROBIOTICS:
 LGG®*/BB-12®*
 12 mg (2.5 billion CFU)
DUAL PROBIOTICS
w/VITAMIN D:
 LGG®*/BB-12®*
 12 mg (2.5 billion CFU)
Vitamin D
 10 mcg (400 IU)



NUTRIENTS:

Vitamin A
 250 mcg
Vitamin C
 50 mg
Vitamin D
 10 mcg (400 IU)

Enfamil® Tri-Vi-Sol®

for breastfeeding babies needing a multivitamin

DO YOU HAVE ANY PATIENTS THAT REQUIRE VITAMIN SUPPLEMENTATION?

Vitamins A, C, and D are important for supporting growth and immune system development.*

For breastfed infants, these nutrients are often dependent on prenatally accreted infant reserves or appropriate maternal diet.⁵

Postnatal maternal supplementation may not ensure an adequate amount for the infant.

Should your breastfed patients require vitamin supplementation, recommend Tri-Vi-Sol.

Did You Know?

Vitamin A is involved in immune function, vision, reproduction, and cellular communication. Vitamin A also supports cell growth and differentiation, playing a significant role in the normal formation and maintenance of the heart, lungs, kidneys, and other organs.⁶

ENFAMIL TRI-VI-SOL — A MULTIVITAMIN FOR THOSE NEEDING VITAMIN SUPPLEMENTATION

- ✓ Vitamins A, C, and D
 - Vitamin A helps support a healthy immune system*
 - Vitamin C helps support the immune system and acts as an antioxidant*
 - Delivers 10 mcg (400 IU) per mL of vitamin D as recommended by the AAP

Recommend Enfamil Dual Probiotics to support gut and immune health

Recommend Enfamil Tri-Vi-Sol for breastfed babies needing a multivitamin

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† LGG and BB-12 are registered trademarks of Chr. Hansen A/S.
 ‡ Study with BB-12 in breastfed infants for 28 days.⁴



NUTRIENT:
Vitamin D
10 mcg (400 IU)

Enfamil® D-Vi-Sol®

for babies who are breastfeeding and supplementing

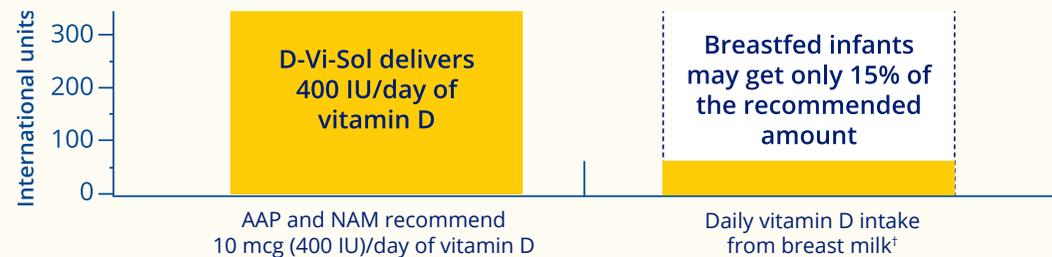
WHAT IS THE OPTIMAL AMOUNT OF VITAMIN D YOUR PATIENTS NEED ACCORDING TO THE AAP?

Vitamin D is well known for its role in bone health.* Emerging evidence suggests it may play a part in immune and inflammatory responses.*^{7,8}

The American Academy of Pediatrics (AAP) and the National Academy of Medicine (NAM) recommend 10 mcg (400 IU) of vitamin D per day.^{3,9} But vitamin D concentration in breast milk is low, even in women who report taking a daily supplement of 400 IU.³

Many moms believe their baby receives enough vitamin D, and very few give a daily supplement. Your recommendation makes a difference to ensure that patients meet the AAP-recommended amount of vitamin D intake.

Enfamil D-Vi-Sol Drops help breastfed babies get vitamin D as recommended by the AAP and NAM



Did You Know?

Only 1/3 of all infants consume enough formula to get 10 mcg (400 IU) of vitamin D per day — 4-6 months of age.¹⁰ Even if an infant is consuming formula exclusively, if he or she drinks less than 34 fluid ounces per day, he or she may also need a vitamin D supplement to meet the daily recommendation.

Recommend Enfamil® D-Vi-Sol® for newborns consuming less than 34 fluid ounces per day of infant formula.

ENFAMIL D-VI-SOL DROPS — DESIGNED TO HELP BREASTFED BABIES GET THE RECOMMENDED DAILY AMOUNT OF VITAMIN D

- ✓ 10 mcg (400 IU) of vitamin D in one dropper daily
- ✓ Complements breast milk and formula for optimal nutrition
- ✓ Helps babies build strong bones*
- ✓ Safe, easy-to-use dropper
- ✓ Drops have a pleasant citrus taste
- ✓ Gluten-free
- ✓ Free of artificial sweeteners

“Any breastfeeding infant, regardless of whether he or she is being supplemented with formula, should be supplemented with 400 IU of vitamin D...”

— Wagner CL, et al³

Recommend Enfamil D-Vi-Sol for breastfeeding and supplementing babies

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† Vitamin D in breast milk ranges from <25 to 78 IU per 34 fluid ounces, measured in women taking a 400 IU vitamin D supplement daily. Daily intake based on average breast milk consumption of 0.78 liters (27 oz) per day as reported by the National Academy of Medicine.



NUTRIENTS:

- Vitamin A**
250 mcg
- Vitamin B₁**
0.3 mg
- Vitamin B₂**
0.4 mg
- Vitamin B₃**
4 mg
- Vitamin B₆**
0.3 mg
- Vitamin B₁₂**
0.5 mcg
- Vitamin C**
50 mg
- Vitamin D**
10 mcg (400 IU)
- Vitamin E**
5 mg

Enfamil® Poly-Vi-Sol®

for babies transitioning to solid foods

DO YOU HAVE ANY PATIENTS WHO ARE PICKY EATERS?

Babies begin to transition to solid foods as a complement to breast milk or formula around 4-6 months of age.

Providing vitamins to support infants' rapid growth and development* is important as they make the transition to solid foods.

ENFAMIL POLY-VI-SOL HAS VITAMINS THAT BABIES AND TODDLERS MAY NOT GET FROM THEIR DIET. ARE YOUR PATIENTS GETTING ENOUGH VARIETY IN THEIR DIET?

NUTRIENT	NUTRIENT BENEFITS	OTHER FOOD SOURCES†
A	Helps support a healthy immune system and helps support visual development*	Liver, Fish Oils, Fortified Dairy Products
B₁ (Thiamin)	Involved in carbohydrate metabolism and supports nerve function and muscle coordination*	Pork, Whole and Enriched Grains, Dried Beans, Peas
B₂ (Riboflavin)	Supports function and development of nerves, spinal cord, and brain*	Meats, Eggs, Enriched Grains, Milk
B₃ (Niacin)	Promotes release of energy from foods and supports the nervous system*	Meats, Bran and Enriched Grains
B₆	Helps support normal brain function and the formation of red blood cells*	Meats, Chicken, Fish, Whole Grains, Starchy Vegetables
B₁₂	Supports development of brain and formation of red blood cells*	Meats, Eggs, Milk, some Fortified Cereals
C	Acts as an antioxidant and helps support the immune system*	Citrus Fruits, Tomatoes, Potatoes, Green Leafy Vegetables
D	Important for strong bones and teeth*	Cod Liver Oils, Fortified Dairy Products, Fish
E	Acts as an antioxidant and helps support the body's immune system*	Vegetable Oils, Wheat Germ, Green Leafy Vegetables, Egg Yolks
Iron‡	Helps support psychomotor and mental development*	Meats, Dried Beans and Peas, Enriched Breads and Cereals

Recommend Enfamil Poly-Vi-Sol for babies transitioning to solid foods

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† Mash or puree solid foods for infants 12 months old or younger to avoid danger of aspiration.

‡ Iron found in Poly-Vi-Sol with Iron and not in Poly-Vi-Sol.



NUTRIENTS:

- Vitamin A**
250 mcg
- Vitamin B₁**
0.3 mg
- Vitamin B₂**
0.4 mg
- Vitamin B₃**
4 mg
- Vitamin B₆**
0.3 mg
- Vitamin C**
50 mg
- Vitamin D**
10 mcg (400 IU)
- Vitamin E**
5 mg
- Iron**
11 mg

Enfamil® Poly-Vi-Sol® with Iron

for babies transitioning to solids, going through growth spurts, and picky eaters

- ✓ 8 essential vitamins and iron in just one dropper
 - Vitamin D helps support healthy bones and teeth*
 - Vitamin A helps support a healthy immune system*
 - Vitamin C helps promote healthy tissue development*
- ✓ Has 10 mcg (400 IU) of vitamin D as recommended by the AAP and NAM
- ✓ Also available without iron
- ✓ Free of artificial sweeteners

Did You Know?

35-50% of parents with children 12-24 months consider their child to be a picky eater.¹¹
In term infants, iron stores may be depleted by the first 4 to 6 months.¹²

AROUND 4-6 MONTHS OF AGE, INFANTS BEGIN TO LOSE THEIR IRON STORES.

The amount of iron accreted by mom during a full-term, healthy pregnancy will usually last through the first 4-6 months of the baby's life.¹² Around 6 months of age, when babies are being introduced to solid foods, Poly-Vi-Sol with Iron can be recommended. It helps ensure babies' picky diets are being supplemented with iron.

Recommend Enfamil Poly-Vi-Sol with Iron for babies transitioning to solid foods, going through growth spurts, and picky eaters



NUTRIENT:

Iron
15 mg

Enfamil® Fer-In-Sol®

for babies needing supplemental iron

DO YOU HAVE ANY PATIENTS AT RISK FOR IRON DEFICIENCY?

Iron is the world's most common single nutrient deficiency. In the U.S., iron deficiency affects >1.2 million children 1-3 years of age.¹³

About 80% of the iron present in a term infant is accreted during the third trimester. Premature infants can miss this rapid accretion and may be deficient in total body iron.¹²

Maternal conditions, such as anemia, maternal hypertension, or gestational diabetes can also result in low fetal iron stores in both term and preterm infants.¹²

Did You Know?

14% of preterm infants develop iron deficiency between 4 and 8 months of age.¹²

ENFAMIL FER-IN-SOL — DESIGNED FOR INFANTS AND TODDLERS WHO NEED SUPPLEMENTAL IRON

- ✓ The recommended daily amount of iron
 - Iron helps support psychomotor and brain development*



NUTRIENTS:

DHA
55 mg/mL

ARA
55 mg/mL

Enfamil® DHA-In-Sol™

with expert-recommended DHA to support brain development*

DO YOU WANT TO NURTURE YOUR PATIENT'S BUDDING BRAIN?

Enfamil DHA-In-Sol has been designed based on expert-recommended DHA[†] and ARA. These vegan-friendly nutrients support your patient's eyes, nervous system, and immune system.* You won't find any artificial colors, flavors, and sweeteners. And, with Enfamil's 100 years of expertise, it's great for both breastfed and formula-fed babies.

Did You Know?

DHA helps support brain, eye, and nervous system development.*

ENFAMIL DHA-IN-SOL — PROVIDES EXPERT-RECOMMENDED DHA[†] TO HELP SUPPORT BABY'S HEALTH AND DEVELOPMENT*

- ✓ DHA helps support baby's brain, eye, and nervous systems*
- ✓ Has expert-recommended DHA with ARA 1:1
- ✓ Made with vegetarian ingredients
- ✓ NO artificial colors, flavors, sweeteners, or preservatives
- ✓ Specially designed to benefit both breastfed and formula-fed babies
- ✓ Gluten-free

Recommend Enfamil Fer-In-Sol for babies needing supplemental iron

Recommend Enfamil DHA-In-Sol — Expert-recommended amount of DHA

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† Average breast milk levels in the U.S., 100 mg DHA/day for infants and toddlers 0-24 months.

Recommend the Enfamil® family of vitamins, minerals, and supplements to help your patients meet their nutritional needs.

Probiotics
for
formula-fed
infants

Probiotics and
Vitamin D
for breastfed
infants

Poly-Vi-Sol®
8 essential
vitamins to
support growth
and development*

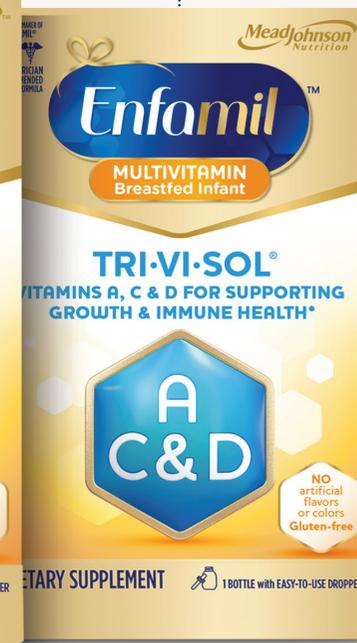
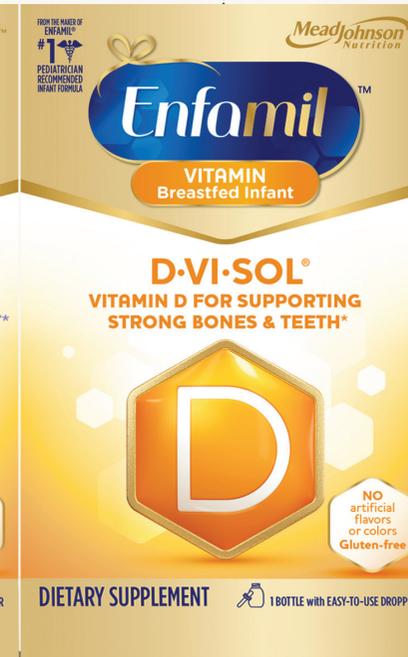
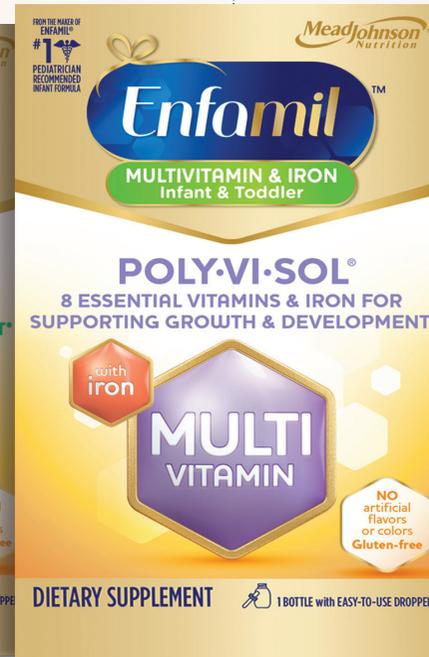
Poly-Vi-Sol® with Iron
8 essential vitamins and
iron to support
growth and
development*

D-Vi-Sol®
vitamin D to
support strong
bones and teeth*

Tri-Vi-Sol®
vitamins A, C, and D
to support
growth and
immune health*

DHA-In-Sol™
expert-
recommended
DHA to
support brain
development*

Fer-In-Sol®
iron to
support brain
development*



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Let's fuel the wonder.™



DUAL PROBIOTICS (0-12 months)

Gut and immune health support for formula-feeding babies*



DUAL PROBIOTICS w/VITAMIN D (0-12 months)

Gut and immune health support for breastfeeding babies*



TRI-VI-SOL® (0-12 months)

For breastfeeding babies needing a multivitamin



D-VI-SOL® (0-12 months)

For babies who are breastfeeding and supplementing



POLY-VI-SOL® (6-24 months)

For babies transitioning to solid foods



POLY-VI-SOL® w/IRON (6-24 months)

For babies transitioning to solids, going through growth spurts, and picky eaters



DHA-IN-SOL™ (0-24 months)

DHA to support breastfeeding and formula-feeding babies' brain development*



FER-IN-SOL® (0-24 months)

For babies needing supplemental iron

NUTRIENT BENEFITS

OTHER FOOD SOURCES

VITAMINS, MINERALS, AND NUTRIENTS									NUTRIENT BENEFITS	OTHER FOOD SOURCES	
	A	-	-	250 mcg/mL	-	250 mcg/mL	250 mcg/mL	-	-	Helps support a healthy immune system and helps support visual development*	Liver, Fish Oils, Fortified Dairy Products
	B₁ (Thiamin)	-	-	-	-	0.3 mg/mL	0.3 mg/mL	-	-	Involved in carbohydrate metabolism and supports nerve function and muscle coordination*	Pork, Whole and Enriched Grains, Dried Beans, Peas
	B₂ (Riboflavin)	-	-	-	-	0.4 mg/mL	0.4 mg/mL	-	-	Supports function and development of nerves, spinal cord, and brain*	Meats, Eggs, Enriched Grains, Milk
	B₃ (Niacin)	-	-	-	-	4 mg/mL	4 mg/mL	-	-	Promotes release of energy from foods and supports the nervous system*	Meats, Bran and Enriched Grains
	B₆	-	-	-	-	0.3 mg/mL	0.3 mg/mL	-	-	Helps support normal brain function and the formation of red blood cells*	Meats, Chicken, Fish, Whole Grains, Starchy Vegetables
	B₁₂	-	-	-	-	0.5 mg/mL	-	-	-	Supports development of brain and formation of red blood cells*	Meats, Eggs, Milk, some Fortified Cereals
	C	-	-	50 mg/mL	-	50 mg/mL	50 mg/mL	-	-	Acts as an antioxidant and helps support the immune system*	Citrus Fruits, Tomatoes, Potatoes, Green Leafy Vegetables
	D	-	10 mcg per 6 drops	10 mcg/mL	10 mcg/mL	10 mcg/mL	10 mcg/mL	-	-	Important for strong bones and teeth*	Cod Liver Oils, Fortified Dairy Products, Fish
	E	-	-	-	-	5 mg/mL	5 mg/mL	-	-	Acts as an antioxidant and helps support the body's immune system*	Vegetable Oils, Wheat Germ, Green Leafy Vegetables, Egg Yolks
	Iron	-	-	-	-	-	11 mg/mL	-	15 mg/mL	Helps support psychomotor and mental development*	Meats, Dried Beans and Peas, Enriched Breads and Cereals
LGG®†/BB-12®†	12 mg per 6 drops	12 mg per 6 drops	-	-	-	-	-	-	Supports the digestive and immune systems	Often added to yogurts and other dairy products as probiotics	
DHA/ARA	-	-	-	-	-	-	55 mg/mL DHA 55 mg/mL ARA	-	Supports healthy brain, eye, and nervous systems	Fish and Fish Oils	

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Family of Supplements



Powerful probiotic support in such a little drop



IMMUNE HEALTH AND TUMMY SUPPORT*

Advanced support and essential nutrients



EVERYDAY HEALTH SUPPORT*

Let's fuel the wonder.™

Brain-building nutrients for budding brains



BRAIN SUPPORT*

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VITAMIN
BRAND



Family of Supplements

Enfamil® Vitamins, Minerals, and Supplements — Supporting a Healthy Start for Babies and Toddlers



Let's fuel the wonder.™

References: 1. Schmidt RM, Pilmann Laursen R, Bruun S, et al. *Pediatr Allergy Immunol.* 2019;30:335-340. 2. Hojsak I, Snovak N, Abdovic S, et al. *Clin Nutr.* 2010;29:312-316. 3. Wagner CL, et al. *Pediatrics.* 2008;122:1142-1152. 4. Nocerino R, De Filippis F, Cecere G, et al. *Aliment Pharmacol Ther.* 2020;51:110-120. 5. Dror DK, Allen LH. *Adv Nutr.* 2018;9(S1):278S-294S. doi: 10.1093/advances/nmy022. 6. Institute of Medicine. Food and Nutrition Board. Washington, DC: National Academy Press. 2001. 7. Lange NE, et al. *Expert Rev Clin Immunol.* 2009;5:693-702. 8. Aranow C. *J Investig Med.* 2011;59:881-886. 9. National Academy of Medicine. Dietary Reference Intakes for Calcium and Vitamin D. Washington, DC. *The National Academy Press.* 2011. 10. Perrine CG, et al. *Pediatrics.* 2010;125:627-632. 11. Carruth BR, et al. *J Am Diet Assoc.* 2004;104(suppl):S57-S64. 12. Baker RD, et al. *Pediatrics.* 2010;126:1040-1050. 13. Bailey AD. *Nutrients.* 2020;13(3):827. <https://doi.org/10.3390/nu13030827>.