



National Leader in CPR Training

Ensure your personnel are up to date with the latest emergency training techniques—from CPR to AED to bloodborne pathogens and more. We offer a full line of emergency response training courses for schools, churches, businesses and government entities in partnership with the American Red Cross and American Heart Association.



**American
Red Cross**




Largest licensed training provider
for the American Red Cross®





**American
Heart
Association®**

Among the largest certified partners
of the American Heart Association®

General Public Training Courses

 American Red Cross		CPR Adult	AED	CPR Child / Infant	First Aid	Format*	Time of Course
ARC Lay Rescuer First Aid/CPR/AED Training (Child/Infant Optional)		✓	✓	✓	✓	Traditional or Blended/Online	2-7 hours
ARC Lay Rescuer Adult CPR/AED (Child/Infant Optional)		✓	✓	✓	●	Traditional or Blended/Online	1-2 hours
 American Heart Association®		CPR Adult	AED	CPR Child / Infant	First Aid	Format*	Time of Course
AHA HeartSaver® First Aid/CPR/AED Training (Child/Infant Optional)		✓	✓	✓	✓	Traditional or Blended/Online	2-7 hours
AHA HeartSaver® CPR/AED - (Adult/Child/Infant)		✓	✓	✓	●	Traditional or Blended/Online	1-4 hours
AHA HeartSaver® CPR/AED - (Adult Only)		✓	✓	●	●	Traditional or Blended/Online	2 hours
AHA HeartSaver® First Aid		●	●	●	✓	Traditional	3 hours
 American Heart Association®	Blood Borne Pathogens	CPR Adult	AED	CPR Child / Infant	First Aid	Format*	Time of Course
AHA HeartSaver® Blood Borne Pathogens Must be booked with another Training Course	✓	●	●	●	●	Traditional	1 hour

Healthcare Professionals Training Courses

 American Red Cross		CPR Adult	AED	CPR Child / Infant	First Aid	Format*	Time of Course
ARC Basic Life Support for HealthCare Providers		✓	✓	✓	●	Traditional or Blended/Online	1.5-4 hours
 American Heart Association®	Blood Borne Pathogens	CPR Adult	AED	CPR Child / Infant	First Aid	Format*	Time of Course
AHA Basic Life Support for HealthCare Providers	●	✓	✓	✓	●	Traditional or Blended/Online	5-7 hours
AHA HeartSaver® Blood Borne Pathogens Must be booked with another Training Course	✓	●	●	●	●	Traditional	1 hour

* Formats: Traditional taught in-person with an instructor. Blended includes pre-course work taken by students online with an in-person skills check.

Courses sold based on 8 person minimum. A per-student fee applies for each additional student. No maximum class size limit. Fee includes required student workbook and certification card. CPR/AED/First Aid courses have a 2 year certification upon successful completion. Blood Borne Pathogens courses have a 1 year certificate.