



## **QUICK REFERENCE GUIDE**

**For short sitting postural control and balance training when using LTB kit:**

1. Start with the patient in supine position on incline wedge.
2. Slide the LTB beneath their back and position it approx. above ASIS.
3. Connect the red webbing around their waist, adjust the tension. LTB does not need to be very tight.
4. Via black webbing buckles, connect your LTB to the patient LTB.
5. Before you start help the patient sit-up, make sure you place stable stool for you to sit down when needed.
6. Help patient to sit-up and while supporting them, sit down on stool.
7. Adjust the tension of the webbings that connect you and the patient.
8. Stabilize patient knees to prevent them from slipping.

### **Fitting Guide:**

*Best fits users with waist/hips circumference that ranges from 27 to 51 inches.*

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### **CONTACT INFORMATION**

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***SAFETY TIPS AND PRECAUTIONS:***

1. Patient should have medical clearance for this type of training.
2. This belt and its components should be NOT used to lift, or completely unload patient.
3. Do not leave the client or patient alone while using this system.
4. Stop the training immediately if the patient starts to feel discomfort or any type of pain.
5. Trainers or therapist should not use this kit as assistive/resistive tool if they have pre-existed medical problems or conditions. Stop the training immediately if they start to experience any discomfort or pain.
6. While working on postural control in short sitting position with a patient that does not have volitional control in their legs, make sure to secure their knees to prevent them from slipping from the mat.
7. Before each use inspect the belt, buckles and accessories for any structural damage. DO NOT USE IT IF ANY IS PRESENT.
8. Failure to follow these instructions may lead to serious injury or death.

***CLEANING & MAINTENANCE  
INSTRUCTIONS:***

To clean use the wipes or soap with warm water and let it dry.  
Do not place in the sun. Do not use washing machine or dryer.

**Warranty:**

18 months. Do not use it if you see any damage of the material, buckles or webbing.

*We recommend replacing this product every 5 years.*

**Material:**

3mm black nylon foam/600D black cordura/3mm black nylon foam.

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