



EQUIP



# Eating disorder treatment that works

Delivered at home

We take insurance

“ I saw natural joy in my child for the first time in a long while. ”

– Father of 11-year-old girl with anorexia

Now accepting patients ages 6-24

How it works

### Family-Based Treatment

The leading evidence-based treatment for eating disorders

### 5-person care team

Therapist, dietitian, medical provider, peer mentor, and family mentor

### Virtual by design

Fully virtual treatment from wherever is convenient for your family

### Diverse provider teams

Individuals in the LGBTQ+, BIPOC, bilingual, and disability communities

### Build a life worth living

Care that empowers your family to continue everyday activities and be invested in life

## Equip leads to lasting recovery

**74%** of patients report improvements with depression or anxiety\*

**7 of 10** patients report a decrease in eating disorder behaviors\*

**3 in 4** families feel more confident in caring for their child\*

\*By the 8th week of treatment



Scan the QR code or visit [equip.health/parents](https://equip.health/parents) to learn more!

[info@equip.health](mailto:info@equip.health)

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