



# Pediatric Residency Program Highlights

## OUR TRACKS

Our diverse 3-year tracks offer a chance for training in an environment best suited to individual interests:

- The Categorical Pediatrics Track is the traditional residency training track, allowing residents to tailor their elective experiences to an individualized learning plan.
- The Primary Care Track residents spend 10 months at Children's National Pediatricians & Associates practice in Foggy Bottom, where they become an integral part of a primary care practice.
- The Leadership in Advocacy, Under-resourced Communities and Health equity (LAUNCH) Track, which focuses on health disparities and the development of skills in health policy, advocacy, and community healthcare delivery.
- The Research Track is for residents with substantial research experience and a desire to continue pursuing their research interests and developing their research skills during residency.
- The Pediatrics and Neurology Combined Residency Program, which is a combined program in pediatrics and child neurology designed to prepare physicians to diagnose and treat in a wide range of disorders in child neurology.
- The Pediatrics and Medical Genetics Combined Residency Program, in conjunction with the National Human Genome Research Institute (NHGRI), this track offers a unique opportunity for residents to complete a combined, four-year residency program in pediatrics and medical genetics.

All tracks have 24 months of pediatric training in common, ensuring that graduates are indistinguishable in their ability to provide excellent general pediatric care and are equally qualified to pursue subspecialty work if they so choose after residency.

## OUR PATHWAYS

Our pathways provide an optional opportunity for residents to structure their selective, elective, and research time to prepare for a particular career path or hone a set of professional skills. Participation can range from one experience in one pathway (or mixing and matching among several pathways) to graduating with a certificate in a particular pathway.

Policy, Equity, and Advocacy for Kids (PEAK)  
Medical Education

Global Health  
Research

## CONTINUITY CLINIC

Residents are scheduled for one half day a week at a designated site throughout their residency. Residents submit preferences for a variety of options: Children's National community-based clinics, CNPA Foggy Bottom (primary care track), urban community-based clinics, a managed care organization, or multiple private practice clinics.

## REACH PROGRAM

During most weeks as a PL-2 and PL-3, residents get a dedicated half-day per week to pursue a personal interest in an area of research, education, and advocacy in child health. Residents apply for REACH time at the end of intern year.

PL-1

PL-2

PL-3

## CALL STRUCTURE

1 week of nights at GW NICU  
2-8 weeks of nights (two-week blocks)  
Average 47 work hours/week

2 week of nights on PHAST  
2-3 long calls and 4-5 nights on PICU  
1-2 long calls and 3-4 nights on NICU  
4-6 weeks of nights (two-week blocks) Average 53 work hours/week

2-3 long calls and 4-5 nights on PICU  
1-2 long calls and 3-4 nights on NICU  
2-4 weeks of nights (two-week blocks)  
Average 48 work hours/week

Inpatient teams and residents on clinic/electives take calls on weekends during given rotations.

SALARY 2021 - 2022 (includes meal stipend). 2022-2023 salary to be updated soon.

\$67,134

\$71,183

\$75,283

## STIPENDS

Transportation Stipend \$225/year. Yearly lab coat & scrub stipend. New resident relocation stipend (\$650).

\$1,350  
+ fee for USMLE Step 3 (if taken by January of PL-2 year)

\$2,100

\$3,400  
+ \$2,000 for Pediatric Board Certification Exam, 1 unrestricted Medical License (for any state) + DEA and Controlled Substance Number fees if processed before end of training

**American Academy of Pediatrics membership dues all three years**

## VACATION/DAYS OFF

Annual 2-night Intern Retreat  
Intern Beach Week

One day PL2 Retreat  
PL-2 Day Off

PL-3 Day Off

## All residents:

2 two-week blocks of vacation + 4 day holiday (Thanksgiving, Christmas, New Year's, or Alternate Holiday)  
+ Federal holidays (if not on-call) + 3 personal days + 7 educational days + 12 sick days yearly

## BENEFITS

401-K: up to 15% of salary - CNMC matches 100% up to 5% of salary during PL-2 and PL-3 years. Group Life Insurance, Health Insurance (including gender affirming and other medical procedures related to transgender health), Dental Plan, Vision Plan, Behavioral Health Employee Assistance Program, including residency specific Opt-Out Mental Health Sessions. Coverage for spouses (applies to same and opposite sex marriages) and parental leave (applies to same and opposite sex parents). Discounted on-site parking

## RESIDENT EDUCATION AT CHILDREN'S NATIONAL HOSPITAL

### LECTURES/CONFERENCES

- Noon Conference: Daily lectures within a year-long curriculum based on American Board of Pediatric content specifications, featuring high-quality, faculty-led lectures.
- Professorial Rounds: Weekly, case-based, highly interactive, multidisciplinary discussions with the goal of modeling attending-level clinical reasoning, critical thinking, and decision-making.
- Health Equity Rounds: Quarterly educational session focused on a pertinent health equity topic.
- Evidence-Based Medicine Journal Club: Sessions to develop skills in critically analyzing articles and to incorporate current medical knowledge into daily clinical practice.
- Board Review: Weekly sessions led by second-year residents under the guidance of a faculty mentor with multiple-choice PREP questions presented with audience response units.
- Resident Morbidity and Mortality Conference: Monthly conferences presented in a case-based approach and designed to discuss adverse patient events and develop quality improvement initiatives. Once every quarter these conferences are inter-disciplinary.
- Morning Report: Case-based resident-led discussions that focus on clinical and diagnostic reasoning as well as early management and treatment.
- Attending Teaching Rounds: Faculty-led didactic sessions occurring several times per week on all rotations.
- Chief Resident Lecture Series: Summer conference series held on Wednesday mornings (July - August) that focuses on practical clinical topics for new interns.
- Mock Codes: Bi-monthly, simulated codes for residents of all training levels to work together to hone clinical skills. ICU rotations conduct monthly multidisciplinary unit-based mock codes.
- Simulation Sessions: Monthly simulation sessions on inpatient teams held in a state-of-the-art simulation center.
- Night Team Teaching: Nightly teaching sessions for our intern night team led by the night senior residents.
- Residents as Teacher/Senior Residents as Teachers Curriculum: An interactive, evidence-based, graduated curriculum for all second- and third-year residents that focuses on developing teaching skills.
- Advocacy Curriculum: Quarterly noon conference didactic series augmented by optional elective opportunities for all residents.
- Intern Resuscitation Day: Full day designed for interns to practice core resuscitation skills in a small group setting.
- Research & Education Week: An annual, hospital-wide venue for all staff to present their research; all third-year residents present REACH projects.
- NRP and PALS: Initial and recertification interactive trainings geared specifically toward residents while still fulfilling national standards.
- Intern Retreat: An annual three-day, two-night offsite retreat for interns focused on understanding group dynamics, improving interdisciplinary interactions, honing teaching and feedback skills, and reinforcing interpersonal bonds.
- Quality Improvement (QI) Curriculum: Longitudinal, graduated curriculum that emphasizes basic QI concepts.

### LIBRARY RESOURCES

- PubMed and Ovid (e-journal access)
- UpToDate, ClinicalKey, Cochrane Database, Pediatric Care Online
- Free searches conducted by library staff
- Interlibrary loans

### COMPUTER RESOURCES

- Laptop provided to every resident
- In-patient EMR - Cerner
- Out-patient EMR - eClinical works
- Remote access available

### PUBLICATIONS (free to Residents)

- *Pediatrics*
- *Contemporary Pediatrics*
- *Pediatrics in Review*
- *The Pediatric Infectious Disease Journal*

### ADDITIONAL ASSETS

- Master Teacher Program
- Pediatric Resident Assistants
- Phlebotomy Services
- IV Crisis Team

### THE STAFF

**Chair, Department of Pediatrics:**

Stephen J. Teach, MD, MPH

**Vice-Chair for Medical Education:**

Dewesh Agrawal, MD

**Residency Program Director:**

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