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FOR HEALTHCARE PROFESSIONALS

August 2022

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GROUP AND SELF-STUDY PROGRAMS

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In the table below, a “G” under the delivery method designates availability as a group program that is facilitated by an Abbott Representative and a “SS” as a self-study available on anhi.org.

Group programs NOT accredited for dietitians are denoted by “G[†]”

	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
PEDIATRIC				
NEONATAL				
Assessment				
 Nutrition Assessment of the Preterm Infant	G, SS	56	1.0	1.0 Exp: 9/24/2023
Breastfeeding & Safe Handling Practices				
Early Infant Feeding: Breaking Down the Basics	G, SS	49	1.0	1.0 Exp: 11/18/2023
 Handling Human Milk and Formula in Healthcare Facilities: Tried & True and What's New <i>(also available in French)</i>	G, SS	51	1.0	1.0 Exp: 5/31/2024
Lactation Support: Incorporating Telemedicine into Practice	G, SS	55	1.0	1.0 Exp: 8/20/2023
Human Milk Oligosaccharides (HMO)				
2'-Fucosyllactose: An Allergy Modulating Human Milk Oligosaccharide	G, SS	57	1.0	1.0 Exp: 9/16/2022
Allergies, Immunology, and Human Milk: Exploring Maternal and Infant Factors	G, SS	48	1.0	1.0 Exp: 6/3/2023
An Allergy Modulating Human Milk Oligosaccharide: 2'-Fucosyllactose	G, SS	51	1.0	1.0 Exp: 6/3/2023
How HMOs and the Microbiome Communicate with the Gut and Brain	G, SS	58	1.0	1.0 Exp: 5/31/2024
HMO for Gut Health, Immunity and Beyond	G [†] , SS	36	0.5	0.5 Exp: 3/1/2024
HMO Update: Clinical Evidence and Clinical Practice	G, SS	50	1.0	1.0 Exp: 5/6/2024
Human Milk Oligosaccharide: Clinical and Epidemiologic Considerations	G [†] , SS	34	0.5	0.5 Exp: pending
Human Milk Oligosaccharides: Mechanisms of Action and Emerging Science	G, SS	36	0.5	0.5 Exp: 5/31/2024
Human Milk Oligosaccharides: News in HMO Research	G [†] , SS	40	0.5	0.5 Exp: 9/16/2022
Human Milk Oligosaccharides: Nourishing the Infant's Developing Immune System	G, SS	50	1.0	1.0 Exp: 9/1/2022
 Maximizing Infant Nutrition Through Human Milk Oligosaccharides	G, SS	50	1.0	1.0 Exp: 4/27/2023
Spotlight on the Gut-Brain Axis	G, SS	51	1.0	1.0 Exp: 9/30/2023
The Infant's Microbiome “Social Network”: How Has the Pandemic Affected Infants with Cow's Milk Allergy?	G, SS	38	0.5	0.5 Exp: 5/31/2024
The Role of 2'-FL in Inflammation and the Possible Role in Food Allergy	G, SS	52	1.0	1.0 Exp: 4/7/2024
Human Milk Fortification				
 Advances in Human Milk Fortification: Evidence for Preterm Infants — Part 1	G [†] , SS	33	0.5	0.5 Exp: 4/23/2024







[†] Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

■ New course

	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
 Advances in Human Milk Fortification: Evidence for Preterm Infants — Part 2	G, SS	43	1.0	1.0 Exp: 4/23/2024
How to Feed Premature Infants After They Go Home	G, SS	47	1.0	1.0 Exp: 7/16/2023
 Optimizing the Human Milk Diet for Preterm Infants	G†, SS	37	0.5	0.5 Exp: 5/31/2024
NICU				
 Acid-Base Balance and Blood Gas Interpretation in The Neonate	G, SS	42	1.0	
COVID-19, Babies and Nutrition: Questions and Answers	G, SS	52	1.0	1.0 Exp: 10/26/2023
Eat, Sleep, Console	G, SS	57	1.0	1.0 Exp: 4/29/2024
Infant Driven Feedings: All About the Cues and More	G, SS	55	1.0	1.0 Exp: 5/31/2024
Neonatal Alimentary System	SS	60	1.0	1.0 Exp: 5/31/2024
Neonatal Cardiovascular System	SS	60	1.0	
Neonatal Opioid Withdrawal Syndrome	G, SS	47	1.0	1.0 Exp: 2/25/2024
Neonatal Respiratory System	SS	90	1.5	
Probiotic Use in the NICU: Is Now the Time?	G, SS	48	1.0	1.0 Exp: 8/30/2022
Probiotics in the NICU: Evidence & Experience	G, SS	40	0.5	0.5 Exp: 5/31/2024
Suspected Inborn Errors of Metabolism in the Newborn <i>(also available in Spanish)</i>	G, SS	49	1.0	1.0 Exp: 11/20/2022
The Impact of Nucleotides on Immunity and Infant Health	G†, SS	31	0.5	0.5 Exp: 8/1/2022
The Role of the Intestinal Microbiota in Necrotizing Enterocolitis and Neonatal Sepsis	G	45	1.0	1.0 Exp: 5/31/2024
Use of Prebiotics and Probiotics in Infants	G, SS	60	1.0	1.0 Exp: 5/31/2024
 Welcome to the Jungle: Probiotics in the Preterm Infant	G, SS	42	1.0	1.0 Exp: 2/27/2023
Neonatal Fundamentals Series				
 Neonatal Fundamentals: Infant Nutrition Assessment <i>(updated)</i>	G, SS	42	1.0	1.0 Exp: 5/31/2024
 Neonatal Fundamentals: Enteral Nutrition <i>(update coming soon)</i>				
 Neonatal Fundamentals: Parenteral Nutrition <i>(update coming soon)</i>				
 Neonatal Fundamentals: Discharge and Follow-Up <i>(update coming soon)</i>	G, SS	58	1.0	1.0 Exp: 8/7/2022
PEDIATRIC				
Allergy & Immunity				
Clinical Presentations of Cow's Milk Allergy in Infants and Children	G, SS	64	1.0	1.0 Exp: 6/15/2024
Diagnostic and Therapeutic Advances in Eosinophilic Esophagitis	G, SS	48	1.0	1.0 Exp: 1/16/2023
Food Allergies, Intolerances, and Sensitivities in Pediatric Practice: The Role of the Registered Dietitian Nutritionist	G, SS	57	1.0	1.0 Exp: 5/30/2024


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Food Allergy in Early Life	G, SS	43	1.0	1.0 Exp: 9/27/2023
Managing Childhood Food Allergies During the 2020 COVID-19 Pandemic	G, SS	47	1.0	1.0 Exp: 5/28/2023
Nourishing the Microbiome: Impacting Pediatric Immune Health and Growth	G, SS	89	1.5	1.5 Exp: 5/31/2024
Nutritional Management of Eosinophilic Esophagitis: Food Allergens and Beyond	G†, SS	29	0.5	0.5 Exp: 2/20/2023
Pediatric Food Allergies	G, SS	70	1.0	1.0 Exp: 10/11/2022
The Allergic Child: Sharing Insights for Remote Management	G, SS	44	1.0	1.0 Exp: 5/18/2023
Understanding Food Protein-Induced Enterocolitis Syndrome: A Dietetic Led Approach to Management	G, SS	50	1.0	1.0 Exp: 5/18/2024
Growth & Development				
Adolescent Nutrition: An Important But Often Neglected Health Topic	G, SS	40	0.5	0.5 Exp: 5/27/2024
An Introduction to Mid-Upper Arm Circumference and Its Application in the Pediatric Intensive Care Unit	G, SS	47	0.75	0.75 Exp: 5/31/2024
 Assessing Body Composition to Optimize Growth	G, SS	67	1.0	1.0 Exp: 8/27/2023
Assessing Growth and Nutritional Status	G, SS	30	1.0	1.0 Exp: 8/28/2023
Beyond Height and Weight: Clinical Implications of MUAC and Its Use in Children with Disabilities	G, SS	44	0.75	0.75 5/31/2024
Beyond Recommended Dietary Intakes: Understanding Bioavailability and the Importance for the Growing Child	G, SS	34	0.5	0.5 Exp: 5/31/2024
Catch-Up Growth: Nutrient Needs at the Growth Plate	G†, SS	30	0.5	0.5 Exp: pending
 Detecting Pediatric Malnutrition: Tools for Screening & Criteria for Diagnosing	G, SS	62	1.0	1.0 Exp: 12/9/2022
 Identification and Diagnosis of Pediatric Malnutrition	G, SS	61	1.0	1.0 Exp: 9/24/2023
Impact of the Pandemic on Malnutrition Risk in Children (<i>coming soon</i>)				
Malnutrition: The Child At-Risk	G, SS	30	1.0	1.0 Exp: 8/28/2023
 Measures to Identify Pediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-scores	G, SS	37	1.0	1.0 Exp: 5/14/2023
Nutrition, Immunity and Going Back to School	G, SS	46	1.0	1.0 Exp: 9/15/2023
Nutrition in Early Adolescence: Guidance for Clinical Practice	G, SS	48	1.0	1.0 Exp: 2/25/2024
 Nutrition Intervention for Healthy Childhood Growth: The Clinician and Dietitian's Point of View, Part 1 & 2	G, SS	58	1.0	1.0 Exp: 2/28/2024
Nutrition Needs of Infants and Children with Malnutrition and Growth Faltering	G, SS	47	1.0	1.0 Exp: 4/30/2023
 Pediatric Nutrition-Focused Physical Exam	G, SS	49	1.0	1.0 Exp: 9/24/2023
 Practical Strategies for Achieving Growth Potential in Children	G, SS	72	1.0	1.0 Exp: 5/31/2024
Recognizing the Child At Risk for Malnutrition	G, SS	30	0.5	0.5 Exp: 5/26/2024
Reconsidering Feeding Difficulties in Clinical Practice (<i>coming soon</i>)				

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		Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
	Silent Malnutrition and Hidden Hunger	G, SS	35	0.5	0.5 Exp: 5/26/2024
	The Importance of Anthropometric Data in Infant and Pediatric Populations	G, SS	31	1.0	1.0 Exp: 9/24/2023
	The Importance of Nutrition for Optimizing Growth in Adolescence	G, SS	68	1.0	1.0 Exp: 5/31/2024
	Use of Mid-Upper Arm Circumference Z-Score Tape in Clinical Practice: Identifying Pediatric Malnutrition	G, SS	34	0.5	0.5 Exp: 4/14/2024
	Utilizing NHANES Data To Assess Pediatric Malnutrition	G, SS	54	1.0	1.0 Exp: 5/31/2024
	Special Conditions				
	Challenges in the Dietary Management of Childhood Cancers	G, SS	42	1.0	1.0 Exp: 3/17/2024
	Comparison of ASPEN/SCCM and ESPNIC Pediatric Critical Care Nutritional Guidelines	G, SS	59	1.0	1.0 Exp: 5/26/2023
	Coronavirus 2019: Treatment in Pediatrics	G, SS	48	1.0	
	Crohn's Disease Exclusion Diet for Treatment of Inflammatory Bowel Disease	G, SS	61	1.0	1.0 Exp: 11/11/2023
	Current Challenges in Paediatric Cystic Fibrosis Care: Implications for Nutrition and Well-Being	G, SS	50	1.0	1.0 Exp: 12/10/2023
	Enhancing Pediatric and Adolescent Diabetes Care Through the Use of Continuous Glucose Monitoring and Ambulatory Glucose Profiles	G, SS	45	1.0	1.0 Exp: 11/1/2022
	Nutrition for the Neurologically Impaired Child	G, SS	48	1.0	1.0 Exp: 6/19/2023
	Pediatric Multisystem Inflammatory Syndrome and COVID-19	G, SS	47	1.0	1.0 Exp: 5/31/2024
	Shining a Light on Vitamin D During COVID-19	G, SS	56	1.0	1.0 Exp: 6/11/2023
	Tube Feeding				
	By Tube or at the Table: Focus on Feeding Children with Neurological Impairment	G, SS	75	1.5	1.5 Exp: 5/31/2024
	Nutrition Interventions in Sick Pediatric Patients	G, SS	42	1.0	1.0 Exp: 4/30/2023
	Pediatric Tube Feeding and Care	G, SS	47	1.0	1.0 Exp: 11/11/2022
	The Trend to Blend: Real Food Tube Feeding	G, SS	41	1.0	1.0 Exp: 6/15/2024
	ADULT				
	CRITICAL CARE				
	Care and Complications: Nutrition Support for the Hospitalized Adult COVID-19 Patient	G, SS	45	1.0	1.0 Exp: 4/14/2024
	COVID-19 and Diabetes: Clinical Implications	G, SS	32	1.0	1.0 Exp: 4/13/2023
	From Hospital-Acquired Weakness to Post-Discharge Recovery in Patients with and without COVID-19	G, SS	44	1.0	1.0 Exp: 11/12/2023
	Improving Outcomes with Early, Individualized Nutrition Intervention: It's Worth the EFFORT	G, SS	69	1.0	1.0 Exp: 3/29/2023
	Multidisciplinary Approach to Feeding Hospitalized COVID-19 Patients: Clinician Perspectives, Challenges and Opportunities	G, SS	63	1.0	1.0 Exp: 10/8/2023
	New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes	G, SS	50	1.0	1.0 Exp: 3/30/2023
	Nutrition Care of the COVID-19 Patient: Guidance and Strategies for Clinicians to Optimize Care in the ICU	G, SS	80	1.5	1.5 Exp: 4/23/2023
	Nutrition Care of the COVID-19 Patient: Strategies for Clinicians to Optimize Recovery	G, SS	64	1.0	1.0 Exp: 4/30/2023

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	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Observations and Needs: Collaborative and Innovative Approaches to Optimizing Care for the Post-Acute COVID-19 Patient	G, SS	47	1.0	1.0 Exp: 5/31/2024
Optimizing Nutrition Care of the COVID-19 Patient: Global Guidance and Perspectives from the Front Lines	G, SS	85	1.5	1.5 Exp: 11/11/2023
Putting Evidence Into Practice: Preventing, Managing and Treating Enteral Feeding Intolerance in the Critical Care Setting	G, SS	48	1.0	1.0 Exp: 5/31/2024
Recovery of COVID-19 Patients: The Impact of Nutritional Intervention on Health Outcomes	G, SS	46	1.0	1.0 Exp: 4/20/2023
The Protein-Energy Wasting Syndrome in Chronic Kidney Disease	G, SS	37	0.5	0.5 Exp: 6/17/2024
The Role of Specialist Nutrition in Achieving Optimal Outcomes for COPD Patients	G, SS	56	1.0	1.0 Exp: 9/9/2023
DIABETES				
Diabetes Management and COVID-19: What Have We Learned?	G, SS	31	0.5	0.5 Exp: 5/31/2024
Gestational Diabetes Mellitus: Latest Research and Guidelines	SS	36	0.5	0.5 Exp: 5/31/2024
Global Consensus Statement on the Impact of Medical Nutrition Therapy and Diabetes-Specific Formulas	G, SS	20	0.5	0.5 Exp: 4/28/2024
Implications of Diabetes in Sarcopenia and Low Muscle Mass	G, SS	24	0.5	0.5 Exp: 4/28/2024
Obesity, Insulin Resistance and Diabetes in Chronic Kidney Disease	G, SS	30	0.5	0.5 Exp: 5/31/2024
Scientific Updates on Novel Concepts in Diabetes Nutrition: Transcultural Diabetes Nutrition Algorithm and Diabetes Remission	G, SS	18	0.25	0.25 Exp: 5/31/2024
Special Considerations: Implementing ERAS® in Patients with Diabetes	G, SS	45	1.0	1.0 Exp: 5/31/2024
The Impact of Continuous Glucose Monitoring and Nutrition on Glycemic Management	G, SS	29	0.5	0.5 Exp: 4/28/2024
Tailoring Care in Diabetes: Improving Outcomes Through Personalized Nutrition Interventions and Person-Centered Care	G, SS	51	1.0	1.0 Exp: 5/31/2024
Utilizing Continuous Glucose Monitoring Data to Improve Diabetes Care	G, SS	42	1.0	1.0 Exp: 2/15/2023
ENTERAL TUBE FEEDING				
Enteral Tube Feeding 101	G, SS	54	1.0	1.0 Exp: 5/31/2024
Enteral Tube Feeding: Gastrointestinal Complications	G, SS	45	1.0	1.0 Exp: 5/31/2024
Enteral Tube Feeding: Surgical and Metabolic Complications	G, SS	84	1.5	1.5 Exp: 5/31/2024
GASTROINTESTINAL (GI)				
Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU	G, SS	47	1.0	1.0 Exp: 4/9/2023
Innovative Approaches to Preventing and Treating GI Intolerance in the Intensive Care Unit	G, SS	49	1.0	1.0 Exp: 5/31/2024
Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management and Nutrition Considerations	G, SS	58	1.0	1.0 Exp: 5/31/2024
GENERAL NUTRITION				
Applying Specific WHO ICOPE Guidelines to Promote Active Aging	SS	67	1.0	1.0 Exp: 5/31/2024
Can Metabotyping Help Deliver the Promise of Personalized Nutrition?	G, SS	38	1.0	1.0 Exp: 3/12/2023
Carbohydrate Quality: What Do I Tell My Patients?	SS	48	1.0	1.0 Exp: 5/31/2024
 Decoding the New Nutrition Facts Label: Overview	G, SS	45	1.0	1.0 Exp: 2/27/2023

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	Decoding the New Nutrition Facts Label: Carbohydrates	G, SS	45	1.0	1.0 Exp: 4/27/2023
	Decoding the New Nutrition Facts Label: Protein	G, SS	45	1.0	1.0 Exp: 4/27/2023
	Decoding the New Nutrition Facts Label: Fat	G, SS	45	1.0	1.0 Exp: 4/27/2023
	Gut Microbiome, Nutrient Interactions and Personalized Nutrition	G, SS	31	1.0	1.0 Exp: 3/12/2023
	How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D	G, SS	57	1.0	1.0 Exp: 3/31/2024
	Intentional Weight Loss in Older Adults	G, SS	36	1.0	1.0 Exp: 12/15/2023
	Leveraging Nutrition Every Step of the Way: Addressing Nutrition Equity & Early Intervention Strategies During the COVID-19 Pandemic	G, SS	68	1.0	1.0 Exp: 5/31/2024
	Nutrition and Hydration Screening in Primary Practice	G, SS	48	1.0	1.0 Exp: 2/23/2024
	Protein Metabolism and Aging	G, SS	38	1.0	1.0 Exp: 12/31/2023
	Strengthening Health Outcomes in the Community Population: Recognizing Patients at Nutritional Risk — Part 1	G, SS	44	1.0	1.0 Exp: 6/22/2024
	Strengthening Health Outcomes in the Community Population: Incorporating Nutrition into Practice — Part 2	G, SS	38	1.0	1.0 Exp: pending
MALNUTRITION					
	Community Dwelling Elderly in Singapore: The State of Nutrition and Muscle Health	SS	30	0.5	0.5 Exp: 1/30/2024
	GLIM: Global Leadership Initiative on Malnutrition: A Consensus Report from the Global Clinical Nutrition Community	G, SS	54	1.0	1.0 Exp: 5/20/2024
	Hospital Malnutrition: nutritionDay Results Around the Globe and Providing Optimal Care for Your Patients — Part 1	G, SS	46	1.0	1.0 Exp: 1/23/2024
	Hospital Malnutrition: nutritionDay Results Around the Globe and Providing Optimal Care for Your Patients — Part 2	G, SS	48	1.0	1.0 Exp: 1/23/2024
	Impact of Specialized Oral Nutritional Supplements on Clinical, Nutritional, and Functional Outcomes in Singapore: SHIELD Study	SS	26	0.5	0.5 Exp: 3/11/2024
	Malnutrition and Muscle Loss: Healthy Aging	G, SS	17	0.5	0.5 Exp: 5/31/2024
	Malnutrition and Muscle Loss: Immunity and COVID-19	G, SS	17	0.5	0.5 Exp: 5/31/2024
	Malnutrition and Polymorbidity	G, SS	47	1.0	1.0 Exp: 1/27/2024
	Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care	G, SS	43	1.0	1.0 Exp: 5/31/2024
	Nutrition Focused Physical Exam — Part 1: Subcutaneous Fat and Muscle Loss	G, SS	59	1.0	1.0 Exp: 1/1/2023
	Nutrition Focused Physical Exam — Part 2: Micronutrients, Fluid Accumulation and Functional Status	G, SS	44	1.0	1.0 Exp: 1/1/2023
	The Future of Nutrition Intervention to Address Malnutrition and Muscle Loss	G, SS	18	0.5	0.5 Exp: 5/31/2024
	Update on Malnutrition, Muscle Loss, and Body Composition	G, SS	18	0.5	0.5 Exp: 5/31/2024
MUSCLE MASS					
	Assessing Muscle Mass and Function: Practical Tools and Nutritional Interventions To Improve Patient Outcomes	G, SS	40	0.5	0.5 Exp: 5/31/2024

*Program is paired with an article

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	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Body Composition and Health (Module 2)	G, SS	67	1.0	1.0 Exp: 3/27/2023
Frailty in Aging Adults: Screening and Management Approaches	G, SS	55	1.0	1.0 Exp: 9/9/2023
Functional Movement Activities Targeted for Patients with Low Muscle Mass	G, SS	43	1.0	1.0 Exp: 3/27/2023
Improving Patient Outcomes: New Insights and Evidence on the Importance of Muscle and Targeted Nutrition	G, SS	64	1.0	1.0 Exp: 4/2/2023
Maintaining Muscle in Older People: Vitamin D, Protein or Exercise?	G, SS	32	0.5	0.5 Exp: 5/31/2024
Measuring Muscle, Strength and Physical Performance in Aging Adults	G, SS	28*	1.0	1.0 Exp: 5/31/2024
Muscle Matters: New Insights on the Interplay Between Nutrition, Inflammation and Metabolism	G, SS	39	0.5	0.5 Exp: 5/31/2024
Nourish the Muscle: Impact Clinical Outcomes Across the Continuum of Care	G, SS	48	1.0	1.0 Exp: 7/22/2023
Optimizing Nutrition to Improve Muscle Strength in Individuals at Risk of Falls	G, SS	55	1.0	1.0 Exp: 10/15/2023
Role of Muscle to Support Strength, Vitality and Activity in Community Patients	G, SS	60	1.0	1.0 Exp: 1/22/2024
The Future of Body Composition Testing	G, SS	17	0.5	0.5 Exp: 5/31/2024
ONCOLOGY				
Benefits of Bolus Feeding in Tube Fed Patients with Head and Neck Cancer	G, SS	45	1.0	1.0 Exp: 10/13/2023
Nutrition in Oncology: Essential Aspects to Deliver Outcomes Across the Continuum of Care	G, SS	55	1.0	1.0 Exp: 11/3/2023
Oncology Nutrition in 2020: The Intersection of Evidence, Guidelines and Clinical Practice	G, SS	46	1.0	1.0 Exp: 8/22/2023
Optimal Nutrition Care to Improve Outcomes for Oncology Patients (Module 1)	G, SS	55	1.0	1.0 Exp: 10/8/2023
Optimal Multidisciplinary Approaches in the Nutrition Care of Oncology Patients (Module 2)	G, SS	59	1.0	1.0 Exp: 10/8/2023
QUALITY IMPROVEMENT & ECONOMIC OUTCOMES				
Become an Institutional Leader of Change: Implementation of Electronic Clinical Quality Measures (eCQMs)	G, SS	72	1.5	1.5 Exp: 10/31/2023
Dietitians Driving Impact: Data on Improved Patient Care from the Malnutrition Quality Improvement Initiative (MQii)	G, SS	55	1.0	1.0 Exp: 2/27/2023
Dietitians Leading Innovation: Using Data for Quality Improvement and Patient-Focused Transitions of Care	G, SS	64	1.0	1.0 Exp: 5/31/2024
Health Economics Outcomes Research: Evidence on Value and Impact in Surgical Nutrition	G, SS	41	1.0	1.0 Exp: 5/31/2024
Health Outcomes Research in Nutrition: Using Real-world Data to Make a Real-world Difference	G, SS	60*	1.0	1.0 Exp: 5/31/2024
Leading Malnutrition Quality Improvement for Better Hospital & Patient Outcomes	G, SS	80	1.5	1.5 Exp: 10/16/2022
Mastering the Next Level of Quality Patient Care by Addressing Malnutrition	G, SS	45	1.0	1.0 Exp: 9/30/2022
Nutrition & Wound Care: Why It Matters for Value-Based Healthcare Programs	G, SS	46	1.0	1.0 Exp: 11/5/2023
Nutrition Health Economics Research: Inform Decisions That Matter	G, SS	60*	1.0	1.0 Exp: 5/31/2024
Using Outcomes Data to Advocate for the Nutrition Care Process	G, SS	50	1.0	1.0 Exp: 10/9/2023
Utilizing the Malnutrition Quality Improvement Initiative (MQii) to Strengthen Transitions of Care	G, SS	43	1.0	1.0 Exp: 8/27/2023

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SURGERY & ENHANCED RECOVERY AFTER SURGERY (ERAS®)				
Bariatric Module 1: Bariatric Surgery: Developing an Understanding of the Evidence, Procedures and Expected Outcomes	G, SS	26	0.5	0.5 Exp: 5/31/2024
Bariatric Module 2: Setting Patients Up for Success: Prioritizing Nutrition Prior to Bariatric Surgery	G, SS	34	0.5	0.5 Exp: 5/31/2024
Bariatric Module 3: The Long and Short of It: Postoperative Nutrition to Support Long-term Success After Bariatric Surgery	G, SS	36	0.5	0.5 Exp: 5/31/2024
Bariatric Module 4: A Team Approach: Strategies to Optimize Nutrition and Drive Outcomes Through a Multidisciplinary Approach in Bariatric Surgery	G, SS	18	0.25	0.25 Exp: 5/31/2024
Health Economics Outcomes Research: Impact and Value of Surgical Nutrition	G, SS	45	1.0	1.0 Exp: 10/23/2023
 Navigating the Perioperative Nutrition Landscape	G, SS	90	1.5	
New Insights on the Role of Nutrition in Enhanced Recovery After Surgery	G, SS	60	1.0	1.0 Exp: 8/1/2022
Optimizing Nutrition Status of the Cardiac Surgery Patient	G, SS	40*	1.0	1.0 Exp: 1/3/2023
Perioperative Nutrition: Implementing Multidisciplinary Team Approach	G, SS	90	1.5	1.5 Exp: 2/28/2023
 Your Patient's Strength Matters: The Role of Nutrition in Enhanced Recovery	G, SS	48	1.0	1.0 Exp: 5/31/2024
WOUND & TRAUMA				
Burn Trauma: Benefits of a Nursing and Nutrition Collaboration	G, SS	46	1.0	1.0 Exp: 8/22/2022
Nutrition Care for Pressure Injuries: Guidelines to Optimize Outcomes	G, SS	47	1.0	1.0 Exp: 7/30/2023
The Importance of Perioperative Nutrition in Wound Healing	G, SS	54	1.0	1.0 Exp: 1/13/2023
Importance of Nutrition Care for Patients Undergoing Surgery and those with Spinal Cord Injuries	G, SS	45	1.0	1.0 Exp: 5/31/2024
Wound Healing and Nutritional Management	G, SS	46	1.0	1.0 Exp: 5/31/2024
PROFESSIONAL DEVELOPMENT				
A New Code: Creating a Culture of Compassion Amongst Colleagues in Healthcare	G, SS	39	0.5	
Caring for the Millennial and Gen Z Family: Thoughts from Admission Through Discharge	G, SS	48	1.0	1.0 Exp: 5/31/2024
Connected Consultations: Harnessing the Power of Psychology to Improve the Parent and Patient Journey	SS			0.5 Exp: pending
It's Essential: Taking Care of You So That You Can Take Care of Patients	G, SS	50	1.0	1.0 Exp: 4/14/2024
 Motivational Interviewing: Application in Working with Patients and Families†	G, SS	40	1.0	1.0 Exp: 10/31/2023
Remote Consultations: Psychological Considerations	G, SS	38	1.0	1.0 Exp: 5/12/2023
Resiliency 2.0	G, SS	38	0.5	0.5 Exp: 4/14/2024
The New Normal: Navigating the Telemedicine World for Nutrition Counseling	G, SS	52	1.0	1.0 Exp: 10/27/2023
POSTPARTUM ANXIETY AND BEHAVIORAL DISORDERS SERIES				
Don't Try Harder, Try Different	G, SS	50	1.0	1.0 Exp: 1/30/2023

† Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

■ New course

	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Is There a Role for Nutrition in the Management of Maternal Mood Disorders?	G, SS	46	1.0	1.0 Exp: 1/7/2024
Opioid Use Disorders in Pregnancy	G, SS	60	1.0	1.0 Exp: 1/30/2023
Perinatal Depression Screening in the NICU: Risk Factors, Myths, and Resources	G, SS	47	1.0	1.0 Exp: 1/20/2023
Trauma-Informed Care and Suicidality	G, SS	41	1.0	1.0 Exp: 1/20/2023
When Our Thoughts Betray Us: Anxiety in the Perinatal Experience of Moms and Dads	G, SS	49	1.0	1.0 Exp: 1/30/2023
NICU CURRENTS				
 Current Use of Donor Human Milk in the NICU: Evidence-Based Practice	SS		1.0	1.0
 Ethical Issues in the NICU	SS		1.0	1.0
 Evidence-Based Guide to Human Milk Fortifiers	SS		1.0	1.0
Gastric Aspirate Color Interpretation in the Neonatal Intensive Care Unit <i>(coming soon)</i>				
 Neonatal Abstinence Syndrome: An Escalating Problem for Newborns, Families, and Healthcare Providers	SS		1.0	1.0
Short Bowel Syndrome and Intestinal Failure: Optimizing Growth and Nutrition in Infants and Beyond <i>(coming soon)</i>				
The 5 Ps for Promoting Gut Health and Feeding Tolerance in Preterm Infants	SS		1.0	1.0
 The Neonatal Microbiome: Improving Outcomes with Prebiotics and Probiotics	SS		1.0	1.0
PEDIATRIC CURRENTS				
 Applying Malnutrition Indicators in the Preterm and Neonatal Population	SS		1.0	1.0
Childhood Bullying and Aggression	SS		1.0	1.0
Ethics in Pediatric Practice	SS		1.0	1.0
Human Milk Oligosaccharides: Supporting Infant Digestive Health and the Developing Immune System	SS		1.0	1.0
Managing Respiratory Syncytial Virus Infections	SS		1.0	1.0
Nutritional Management of Pediatric Food Allergies Including Eosinophilic Esophagitis	SS		1.0	1.0
Nutrition Management of Cow's Milk Allergy in Infants and Children: A Comparison of DRACMA, ESPGHAN and AAP Guidelines	SS		1.0	1.0
Pediatric Obesity	SS		1.0	1.0
 Screening for Malnutrition Risk in Pediatrics	SS		1.0	1.0
Sports-Related Concussions in the Pediatric Population	SS		1.0	
Vaccination Refusal: Counseling Anxious Parents	SS		1.0	
NUTRITION & HEALTH CURRENTS (ADULT FOCUS)				
 Identification, Diagnosis and Treatment of Malnutrition in Adult Hospitalized Patients: An Ethical Perspective	SS		1.0	1.0
Utilizing the Multidisciplinary Team to Optimize Nutrition Care in Patients with Cancer	SS		1.0	1.0

† Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

 New course

	Delivery Method	AMA PRA Category 1 CME Credits™	Expires
PHYSICIAN EDUCATION			
HUMAN MILK OLIGOSACCHARIDES (HMO)			
Applying the Science of HMOs: Optimizing the Gut Microbiome for Improved Infant Health and Development	SS	0.75	4/30/2023
Human Milk Oligosaccharides: Not all HMOs are Equal	SS	1.0	10/28/2024
Utilizing HMOs for Optimal Infant-Nutrition Strategies	SS	0.5	5/19/2023
The Role of HMOs on Various Parameters of Infant Health and Development	SS	0.5	5/19/2023
MALNUTRITION			
Identifying Malnutrition Risk in the Pediatric Patient	SS	0.25 [†]	06/16/2022
Individualized Management Strategies to Address Nutritional Deficits in the Pediatric Setting	SS	0.25 [†]	06/16/2022
NICU			
Nutrition Care Planning: Setting up for Success at NICU Discharge	SS	1.0	10/20/2024
PREBIOTICS & PROBIOTICS IN NEONATAL & INFANT HEALTH			
Practical Considerations for Probiotics in the NICU	SS	1.0 [†]	6/4/2023
Practical Strategies for the Use of Probiotics In Neonatal Health Care: Translating the Evidence to Real-World Practice	SS	0.75	5/12/2023
Probiotics in Preterm Infant	SS	1.0 [†]	8/26/2024
The Role of the Gut Microbiome in Infant Health: Real-World Guidance for the Use of Prebiotics and Probiotics to Optimize Neonatal Health and Development	SS	1.25 [†]	6/30/2022
WOUND HEALING			
Targeted Nutrition Therapy to Support Wound Healing	SS	1.0 [†]	6/10/2022

	Delivery Method	AAPA Category 1 CME Credits	Expires
PHYSICIAN ASSISTANT EDUCATION			
Diabetes and Nutrition	SS	1.0	7/31/2022
Special Considerations for Nutrition for the Elderly	SS	1.0	7/31/2022
Surgery: Perioperative Nutrition and Wound Healing	SS	1.0	7/31/2022
Watch How a PA Discusses Management of Nutritional Health	SS		

[†] Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

[‡]Also accredited for other healthcare providers

■ New course

INTERNATIONAL PROGRAMS

www.anih.org/education/course-catalog

In partnership with our colleagues and experts outside the United States, we've created science-based education that follows the regional guidelines and practices specific to the patient populations they serve. In fact, we now offer several country-specific campuses on ANHI.org to showcase localized content, and we'll add more campuses over time. Visit anih.org/global-sites for more details.

Run Time
(Minutes)



AUSTRALIA

Detecting Pediatric Malnutrition: Tools for Screening and Criteria for Diagnosing	62
Diagnostic and Therapeutic Advances in Eosinophilic Esophagitis	48
Nutritional Management of Eosinophilic Esophagitis: Food Allergens and Beyond	29



CANADA

Handling Human Milk & Formula in Healthcare Facilities <i>(also available in French)</i>	51
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SINGAPORE

Bronchopulmonary Dysplasia: Hospital to Home Management	47
Community Dwelling Elderly in Singapore: The State of Nutrition and Muscle Health	30
Early Life Nutrition & Gut Immune Development	40
Food Allergy in Early Life	43
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Impact of Specialized Oral Nutritional Supplements on Clinical, Nutritional, and Functional Outcomes in Singapore: SHIELD Study	26
Maternal Lifestyle and its Impact on Offspring Health	36
Nutritional Management of Hyperglycemia in the Critically Ill Patient	32
Nutrition as the Unrecognized Complement to Medication	30



THE UNITED KINGDOM

Benefits of Bolus Feeding in Tube Fed Patients with Head and Neck Cancer	45
Best Practice Guidelines for Remote Paediatric Consultations	45
Challenges in the Dietary Management of Childhood Cancers	42
Chronic Conditions: How are Feeding Behaviors Affected?	37
Connected Consultations: Harnessing the Power of Psychology to Improve the Parent and Patient Journey	20
Current Challenges in Paediatric Cystic Fibrosis Care: Implications for Nutrition and Well-Being	50
Estimating Adult Nutritional Requirements Using the PENG Pocket Guide To Clinical Nutrition: Putting Theory Into Practice	61
The Evolving NHS Landscape and Its Drive to Population Health: Where Does Nutrition Fit In?	53
Feed-Induced Dystonia in Tube Fed Patients	33
Health Inequalities in Paediatric Allergy: How Can We Improve Health Outcomes in Black, Asian and Minority Ethnic (BAME) Communities?	53
How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D	57
Identifying Paediatric Malnutrition: A Practical Approach to Screening Tools	45
Let's Talk Tolerance: Optimising Nutritional Support & Patient Outcomes in the Neuro ICU & Beyond	59
Managing Childhood Food Allergies During the 2020 COVID-19 Pandemic	47
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Nutrition and Congenital Heart Disease	49
Nutrition and Growth in Chronic Disease	24
Nutrition and Hydration Screening in Primary Practice	48
Nutrition in Oncology: Essential Aspects to Deliver Outcomes Across the Continuum of Care	55
Nutrition in Wound Care: Essential Aspects to Improve Patient Outcomes	42
One Year in the COVID-19 Pandemic: Key Learning for Paediatric Dietetic Practice	49
Optimizing Nutrition to Improve Muscle Strength in Individuals at Risk of Falls	55
Paediatric Currents: Human Milk Oligosaccharides: Supporting Infant Digestive Health and the Developing Immune System	60
Paediatric Malnutrition Screening: Supporting Clinical Practice	47
Remote Consultations: Psychological Considerations	38
Respiratory Conditions: Critical Moments in Growth	30
The Allergic Child: Sharing Insights for Remote Management	44
The Role of Specialist Nutrition in Achieving Optimal Outcomes for COPD Patients	56

New course

IMPORTANT INITIATIVES

We collaborate often to ensure we're bringing you the best nutrition science news from a variety of perspectives. Here, you'll find the outcomes of some of our recent partnerships.



MALNUTRITION QUALITY IMPROVEMENT INITIATIVE (MQii)

This initiative was established through a partnership with the Academy of Nutrition and Dietetics, Avalere Health, and other stakeholders, to advance evidence-based, high-quality patient-driven care for hospitalized older adults (age 65 and older) who are malnourished or at risk for malnutrition.

ENTERAL NUTRITION ACADEMY

The Enteral Nutrition Academy (ENA) has been designed to keep you up to date with the latest scientific advances in enteral nutrition. The Academy offers resources, and events to help advance patient outcomes through improved enteral nutrition strategies. Our goal is to provide a forum to communicate best practices in enteral nutrition delivery from enteral nutrition experts in an interactive way.

GROWTH AMBASSADORS

Growth Ambassadors are a collection of expert healthcare professionals from around the world who want to build awareness about the importance of childhood nutrition and growth.

DECADE OF HEALTHY AGEING

We've curated a series of resources to help healthcare practitioners work toward improving the lives of older adults and their families, as well as the communities they serve.

GLYCEMIC GUARDIANS

Glycemic Guardians are a collective of medical authorities who share their diabetes expertise with other practicing clinicians around the world.

STRENGTH AMBASSADORS

The Abbott Strength Ambassador Program supports healthcare professionals by providing important, science-backed resources on the role good nutrition can play in building and maintaining strength to improve patient outcomes.

MORE INITIATIVES COMING SOON!

anhi.org/resources/important-initiatives



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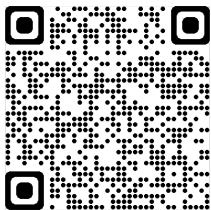


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