

Equip leads to lasting recovery



7 out of 10

patients report a decrease in eating disorder behaviors*



74%

of patients report improvements with depression or anxiety*



3 in 4

families feel more confident in caring for their child

* By week 8 of treatment

“I saw natural joy in my child for the first time in a long while”

- Mom of 12-year-old boy with anorexia

We take insurance – because recovery should be accessible



Scan the QR code or visit www.equip.health/parents to learn more!



EQUIP

Eating disorder treatment that works –delivered at home

Now seeing patients ages 6-24!



info@equip.health 855-387-4378

Why it works



Gold-standard care made accessible

We've built upon Family-Based Treatment – the leading evidence-based treatment for eating disorders



Tailored for your family

Equip's virtual treatment is accessible, affordable, and fits around your family's needs



Diverse provider teams

Our providers come from a wide range of backgrounds across races, genders, abilities, and body sizes

FAQs

What eating disorders do you treat?

Equip offers treatment for a wide range of eating disorders, including anorexia, bulimia, binge eating disorder, ARFID, & OSFED, and co-occurring diagnoses.

How does your virtual treatment work?

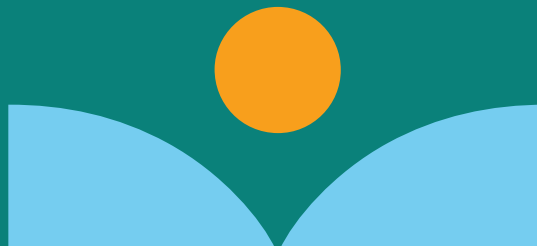
All treatment sessions occur via secure video calls, and patients & family members can message directly with providers in-between sessions.

What are the benefits of keeping my child at home for FBT?

Recovery at home means you can support your child every step of the way. By providing tailored treatment for every family, Equip keeps your loved one in their lives, while helping them move out of their eating disorder.

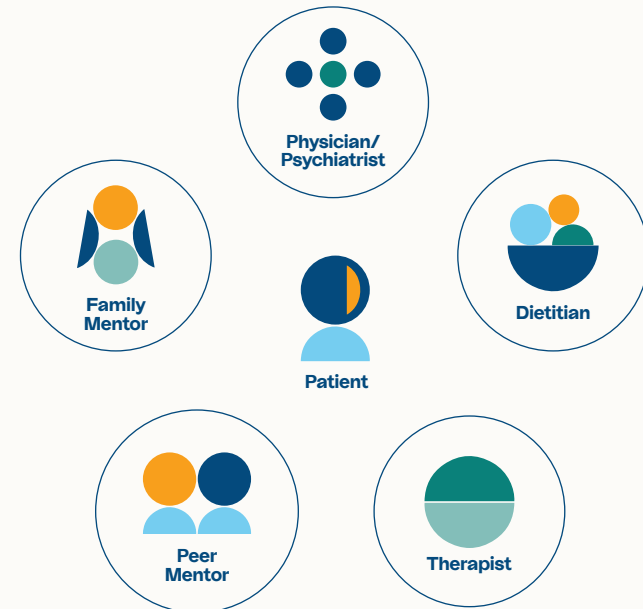
How do we monitor care in a virtual environment?

Families measure weight and orthostatic vitals at home every week to start. Your team will walk you through the process and our medical doctors will regularly review the data to monitor medical stability.



Dedicated five-person team

Equip's treatment is delivered by a collaborative team including a therapist, dietitian, medical provider, peer mentor, and family mentor



“Heading into uncharted waters is never easy... Us dads do not always feel up to the task. The storm will still rage, but Equip will keep you off the rocks.”

- Dad of 14-year-old athlete