

INSTRUCTIONS FOR USE OF CALMOSEPTINE® OINTMENT

Incontinence

1. Gently clean the skin with a mild skin cleanser and/or water.
2. Rinse with clean water.
3. Pat the area dry with a clean towel or gauze.
4. Apply a small amount of Calmoseptine® Ointment to cover the area completely.
5. Repeat after each bowel movement or when skin becomes wet with urine or drainage. It is not necessary to remove all of the Calmoseptine® Ointment when soiling occurs. Simply cleanse soiled area and reapply the Calmoseptine® Ointment where needed to provide complete protection.

Gastric, Jejunal and Suprapubic Tube Sites

1. Gently cleanse area with normal saline, mild skin cleanser or soap and water.
2. Apply a thin layer of Calmoseptine® Ointment to the skin around the tube.
3. If it is necessary to control drainage and protect clothing, cover the ointment with a drain sponge or other dressing.
4. Twice a day application is usually sufficient. If the dressing becomes saturated, it should be replaced more frequently, not reinforced. A thick dressing holds the drainage against the skin and can make the problem worse.
5. It is not necessary to remove all of the Calmoseptine® Ointment with each dressing change. Simply wipe drainage away and reapply Calmoseptine® Ointment and dressing.

Skin Folds

1. Cleanse area gently and pat or air dry. It is very important that the area is thoroughly dry.
2. Apply a small amount of Calmoseptine® Ointment.
3. Spread thinly and rub in well.
4. Reapply once or twice daily.

See Page 2 for more instructions.

Peri-Wound Skin

1. Remove dressing and cleanse the wound as ordered. Use wound care solution to also cleanse drainage from the surrounding skin. Dry the skin.
2. Apply a thin layer of Calmoseptine® Ointment to skin surrounding the wound.
3. Cover the wound and wound edges with an appropriate dressing.

Note: Tape will not adhere to areas covered with Calmoseptine® Ointment so dressing must extend beyond those areas.

Weepy or Denuded Areas

Using stoma powder (i.e.: Convatec Stomahesive® Powder, Hollister Premium Powder) or karaya powder with Calmoseptine® Ointment can help it adhere to weepy and denuded areas. This forms a very protective, somewhat absorbent barrier.

1. Cleanse the area using normal saline or wound cleanser.
2. Very gently pat the area dry with sterile gauze.
3. Apply a light dusting of stoma or karaya powder to the denuded area. This creates a dry surface to help the Calmoseptine® Ointment stick to the wound. Gently dust off excess powder.
4. Gently place a layer of Calmoseptine® Ointment over the powdered area.
5. Apply another light coating of the powder over the Calmoseptine® Ointment.
6. It may be necessary to repeat, adding another layer of Calmoseptine® Ointment and powder in order to entirely cover the wound.
7. Repeat after each bowel movement, diaper or dressing change. As in above applications, it is not necessary or advisable to remove all of the Calmoseptine® Ointment each time. Simply cleanse the surface and reapply the ointment where necessary.

Removal of Calmoseptine® Ointment

Calmoseptine® Ointment can be removed by wiping with a clean dry cloth or gauze. Skin or wound cleansers with surfactants may also be used. If skin is very tender, or if stoma powder has been used and the ointment is crusted, patting or rubbing with mineral, vegetable, or baby oil will soften the ointment for easier removal. Any residual can then be removed with soap and water or a skin or wound cleanser.

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