

No waitlist!

We take insurance

Eating disorder treatment that works

Delivered at home



“ I couldn’t be happier with the education our family received to fight this eating disorder ”

— Mother of 11-year-old girl with anorexia

Now accepting patients ages 6-24

How it works

Family-Based Treatment

The leading evidence-based treatment for eating disorders

5-person care team

Therapist, dietitian, medical provider, peer mentor, and family mentor

Virtual by design

Fully virtual treatment from wherever is convenient for the family

Diverse provider teams

Individuals in the LGBTQ+, BIPOC, bilingual, and disability communities

Empowering families

Care that empowers families to continue everyday activities and be invested in life

Equip patients are getting better

1lb average weekly weight gain for those who need it*

74% of patients report improvements with depression or anxiety*

7 of 10 patients report a decrease in eating disorder behaviors*

*By the 8th week of treatment



Scan the QR code or visit equip.health/providers to learn more!