

Equip patients
are getting better



7 out of 10

patients report a decrease in
eating disorder behaviors*



74%

of patients report improvements
with depression or anxiety*



1lb

average weekly weight gain
for those who need it*

* By week 8 of treatment

“I couldn’t
be happier
with the education
our family received to
fight this eating disorder.”

- Dad of 10-year-old with ARFID

**Lasting recovery
starts with Equip**



Scan the QR code or visit
equip.health/providers
to learn more!



Virtual care
for patients
ages 6-24

No
wait list!



EQUIP

**The last eating
disorder treatment
your patient will need**

refer@equip.health 855-387-4378

How to refer

Refer your patient to the leading evidence-based treatment for lasting recovery

3 ways to refer

Visit equip.health/providers

•
Call 855-387-4378

•
Email refer@equip.health

We partner with referring providers to ensure a seamless transition of care for you and your patient

Free screening & case consultation

We take insurance!



The Equip model



Evidence-based treatment - amplified

We've built upon Family-Based Treatment — the leading evidence-based treatment for eating disorders



Coordinated circle of care

Every family is matched with a dedicated team including a therapist, dietitian, physician, peer mentor and family mentor



Virtual by design

100% virtual care so families can help their loved one through recovery from the comfort of home

Eating disorders signs & symptoms

- Precipitous weight loss or gain
- Lack of expected weight/height gain for growth curve
- Menstrual irregularities
- Disinterest in foods previously enjoyed
- Stomach aches or constipation
- Demonstration of compensatory behaviors such as vomiting, dieting, excessive exercise, use of diet pills or laxatives, etc

Equip treats patients ages 6-24 with

- Anorexia nervosa
- Bulimia nervosa
- Binge eating disorder
- ARFID
- OSFED
- Co-occurring diagnoses

