



Health Systems Council Overview

Purpose

The ACLM Health Systems Council supports health systems in establishing, enhancing and optimizing the adoption and integration of lifestyle medicine.

How

The Council supports health systems through the exchange of successful strategies, tactics, resources and best practices among its members and industry partners. The level of involvement is something that each health system determines based on their representatives' availability. All systems are encouraged to attend quarterly Zoom calls to learn from others, and to share their own learnings.



What to Expect

Representatives from the health system may attend four quarterly virtual meetings throughout the year that last approximately two hours. Members may participate in additional sub-group conversations and have access to individualized support from ACLM based on interest and availability. There are no fees associated with membership, although participants will be encouraged to promote lifestyle medicine resources, education and certification.

Benefits and Resources

- Quarterly Zoom calls with the member community
- Monthly communications resources
- Monthly grant opportunities digest
- Ongoing and real-time updates from the field
- Education and training courses, events and discounts
- Ongoing grant, pilot, and demonstration opportunities
- Implementation strategies, roadmaps, and models
- Facilitated introductions to member health systems and industry partners
- Documentation and amplification of best practices

Ready to Join?

Those interested in becoming members of the Health Systems Council can submit an interest form via the QR code. Following an initial intake discussion, prospective qualified members will receive a formal invitation and application to join.

For more information about the Health Systems Council, please submit the form on the **QR code** or email **partnerships@lifestylemedicine.org**

