



WHOLE FOOD, PLANT-BASED
EATING MADE EASY.

Want to bring plant-based to your practice?

Educate your patients and put them on the path to better health with the latest scientific research, delivered in clear, understandable terms.

Each book includes:

- Common food myths explained
- Colorful graphics and charts
- Easy-to-follow shopping lists
- Delicious recipes with photos
- A list of resources to supplement their plant-based journey

www.wfpbandme.com



Two ways to buy, get your materials today!



For bulk orders on
wfpbandme.com:

Use **PLANTS** for 10% off packs
of booklets and sets of posters!



For single copies
on Amazon:

For a limited time,
save 20% on eBooks!