

COMPLIMENTARY  
BREAKFAST EDUCATION  
SESSION

L-NutraHealth

# Advancements in **Lifestyle Medicine**

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Tackling Metabolic Health through  
Fasting Mimicking Diet Programs

Join us to learn how the Fasting- Mimicking Diet (FMD) Programs can make significant improvements in addressing the root causes of obesity, insulin resistance, endothelial dysfunction, and type 2 diabetes. We will examine the clinical evidence and cellular physiology underlying the (FMD).

By integrating the principle that "food is medicine" with a university-tested protocol for drug de-escalation, these advancements in nutraceutical technology offer clinicians a new pathway to achieving remission in type 2 diabetes and restoring metabolic health.



L-nutrahealth.com

– DETAILS

**October 29th**

7:30 - 8:30 AM EST

ACLM24 Conference

Panzacola F2

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– SPEAKERS

**Dr. William Hsu**

Chief Medical Officer  
at L-Nutra and former  
VP at Harvard Joslin

**Ashley Bizzell**

Registered Dietitian and  
Clinical Nutrition Manager  
at L-Nutra

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**Space is limited**

Reserve your free spot

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