

Equip patients are well on their way to recovery

8 in 10

patients report a reduction in eating disorder symptoms*

73%

of patients report improvements with depression or anxiety*

1 lb

average weekly weight gain for those who need it*

*By week 8 of treatment

“

My experience has been head and shoulders above other higher level of care options.

-Referring pediatrician

Concerned about a patient?

Contact us to learn more or refer.

www.equip.health/providers
refer@equip.health
(855) 387-4378



Eating disorder treatment that works –delivered at home

No waitlist

Insurance accepted



refer@equip.health 855-387-4378

How to refer

Refer your patient to the leading evidence-based treatment for lasting recovery

- Visit equip.health/providers
- Call 855-387-4378
- Email refer@equip.health

Equip is covered by insurance

Because treatment should be accessible

aetna® Anthem. 

Optum  **Cigna**®

Magellan HEALTH  **carelon** Behavioral Health

Horizon  **Regence** 

moda  **PacificSource** HEALTH PLANS

 **UnitedHealthcare**®

In-network health plans differ by state

How Equip treatment works



Evidence-informed treatment

Tailored to each patient, and built on modalities including FBT, CBT-E, and DBT



Dedicated multidisciplinary care team

Medical provider, therapist, dietitian, and mentors



Virtual by design

Accessible, effective, and integrated with everyday life



Care coordination

We partner with referring physicians to ensure continuity of care

Multidisciplinary, specialized care team

Collaboration between healthcare providers and support from mentors who have been there



We treat:

- Anorexia
- ARFID
- Binge Eating Disorder
- Bulimia
- OSFED
- Co-occurring diagnoses
- Patients with & without prior treatment