

TRAUMA-INFORMED PEDIATRIC CARE

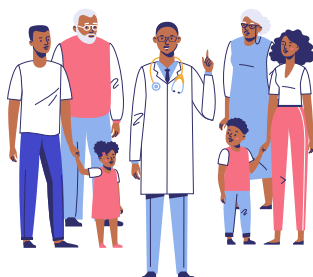
at the American Academy of Pediatrics

It's not just about summing the suffering. It's about building the buffering.



THE EFFECTS OF TRAUMA AND ADVERSITY

Adversity is common - nearly 2 out of 3 adults report having experienced at least one potentially traumatic event before age 18. Research shows that trauma can profoundly affect the developing brain and body, leading to lifelong physical, developmental, and mental health problems.



TRAUMA-INFORMED CARE IS RELATIONAL CARE

Trauma-informed care is an approach that can be used with ALL children and families. Care is provided within a framework that promotes safe, stable, and nurturing relationships and environments (SSNREs), which are critical to building resilience and promoting healthy mental development.



WHERE DO I START?

As a pediatrician (or other pediatric health care professional), you are likely already implementing elements of trauma-informed care in your practice! You just may not be aware of the framework in which you are providing this care. To learn more, visit www.AAP.org/TIC.

LEARN MORE AND TAKE RESOURCES HOME

To learn more about how the AAP is supporting pediatricians to provide trauma-informed care, visit us at the Healthy Mental Development booth within the AAP Resource Center in the Exhibit Hall. **Stop by and enter for a chance to win a signed copy of "Childhood Trauma & Resilience: A Practical Guide."**

VISIT THE HEALTHY MENTAL
DEVELOPMENT BOOTH @ THE
AAP RESOURCE CENTER IN
THE EXHIBIT HALL

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DEDICATED TO THE HEALTH OF ALL CHILDREN®

www.AAP.org/TIC



TIC RESOURCES

EDUCATION & TRAINING



NEW! PediaLink Course:
Trauma-Informed Care and
Resilience Promotion
(free for AAP members)

AAP Trauma and
Resilience ECHO
Recordings

and more!

PROFESSIONAL RESOURCES



Video Case Vignette Series

Pediatric Approach to
Trauma, Treatment and
Resilience (PATTeR) Child
Health Advice for Trauma
(CHAT) Manual

“Beyond the ACE Score”
Infographic

RESOURCES FOR CAREGIVERS



Infographics & Handouts
for Caregivers

HealthyChildren.org Articles
on ACEs, Trauma, & Resilience

Safe and Sound: Helping
Children Who Have
Experienced
Trauma and Adversity

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