



# Blueprint for Youth Suicide Prevention

*A partnership between the American Academy of Pediatrics  
and American Foundation for Suicide Prevention,  
in collaboration with experts from the  
National Institute of Mental Health*



SCAN ME

The American Academy of Pediatrics (AAP) and American Foundation for Suicide Prevention (AFSP) are proud to share the **Blueprint for Youth Suicide Prevention**.

This practical guide is designed to support pediatric health clinicians in identifying strategies and key partnerships to support youth at risk for suicide. The Blueprint outlines clinical pathways, community partnerships, and policy strategies to better identify and support youth at risk for suicide.

## Topics Covered:

- Three-step clinical pathway to address suicide prevention in practice
- Universal suicide risk screening for youth ages 12+
- Brief Suicide Safety Assessments to assess level of risk in patients who screen positive
- Providing care to patients at imminent, moderate, or low risk for suicide
- Safety planning and lethal means safety counseling
- Mental and behavioral health resources for youth, families, and clinicians
- Health systems change strategies for integrating suicide prevention care into practice
- Community and school partnerships to address suicide prevention
- Policy strategies to prevent suicide and support healthy mental development
- Promoting equity in suicide prevention

Pediatric health clinicians, public health professionals, educational and community professionals, and policy makers can access the Blueprint at [www.aap.org/suicideprevention](http://www.aap.org/suicideprevention).

## Dissemination:

AAP and AFSP have partnered to launch a series of Extension for Community Health Care Outcomes (ECHO) programs that train pediatricians and health care professionals in strategies described in the Blueprint. Participants will build knowledge and self-efficacy on best practices related to the integration of suicide prevention care pathways into practice and gain peer support and a sense of community. For more information on how to participate, please contact Jessie Leffelman at [jleffelman@aap.org](mailto:jleffelman@aap.org).

American Academy  
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®



American  
Foundation  
for Suicide  
Prevention