

Calmoseptine®

Ointment

MULTIPURPOSE MOISTURE BARRIER



**MADE IN
USA**

PROTECTS AND HELPS HEAL SKIN IRRITATIONS FROM:

- Incontinence of Urine or Diarrhea
- Diaper Rash
- Minor Cuts, Scrapes & Bug Bites
- Moisture
- Feeding Tube Site Leakage
- Wound Drainage
- Burns / Irradiated Skin
- Caustic Drainage



**AVAILABLE WITHOUT A PRESCRIPTION - COST EFFECTIVE
LONG-LASTING PROTECTION**

Available in 4 oz. Tubes, 2.5 oz. Tubes, 2.5 oz. Jars, 20g Tubes and 1/8 oz. Packets

Calmoseptine, Inc.

16602 Burke Lane • Huntington Beach, California 92647 • U.S.A.

(800) 800-3405 • FAX (714) 840-9810

www.calmoseptine.com

Calmoseptine® Ointment

PROTECTS AND HELPS HEAL SKIN IRRITATIONS FROM:

- INCONTINENCE OF URINE OR FECES
- FEEDING TUBE SITE LEAKAGE
- MINOR BURNS, SCRAPES
- FECAL OR VAGINAL FISTULAS
- WOUND DRAINAGE
- DIAPER RASH
- MOISTURE, SUCH AS PERSPIRATION

REMARKABLE RESULTS IN JUST OVER 48 HOURS

CASE STUDY #00305573 – FECAL INCONTINENCE



DAY 1

On day 1, this 81 year old female was admitted with multiple dermal ulcers, diarrhea (8-10 stools daily), and a Foley catheter for urinary incontinence, 8x10 inches of perianal skin was red and raw from fecal erosion. Treatment with Calmoseptine® Ointment was started.



DAY 3

By day 3, the patient was less agitated and more comfortable. A 1x3 inch reddened area around the anus was all that remained. Diarrhea continued, but with the use of Calmoseptine® Ointment applied twice daily, healing took place rapidly.

Although this patient's urinary incontinence was controlled by a catheter, she experienced intermittent diarrhea over the next 15 months. The use of Calmoseptine® Ointment prevented skin breakdown.

– Case study by Odette Birth, RN, CETN

DIRECTIONS

1. Cleanse skin gently with mild skin cleanser. Pat dry or air dry.
 2. Apply a thin layer of Calmoseptine® Ointment to reddened or irritated skin 2-4 times daily, or after each incontinent episode or diaper change to promote comfort, and long lasting protection.
- (If Calmoseptine® Ointment residue remains on irritated skin after gentle cleansing, it is recommended to leave the residue on the skin and apply an additional layer as needed until the skin is healed.)
- Calmoseptine® Ointment is easily removed with baby oil or mineral oil when necessary.

ORDERING INFORMATION

NDC #	SIZE	PER CASE
0799-0001-02	2.5 oz. (71g) tube	12
0799-0001-03	2.5 oz. (71g) jar	12
0799-0001-04	4.0 oz. (113g) tube	12
0799-0001-05	1/8 oz. (3.5g) packet	144
0799-0001-06	0.7 oz. (20g) tube	12

ACTIVE INGREDIENTS:

Menthol 0.44% External analgesic / Anti-itch
Zinc Oxide 20.6% Skin protectant / Anorectal astringent

OTHER INGREDIENTS: calamine, chlorothymol, glycerin, lanolin, phenol, sodium bicarbonate and thymol in a suitable ointment base

ENCOURAGE BASIC CONCEPTS OF SKIN CARE

- Keep skin clean, moisturized and dry.
- Adequate "pressure relief" for bedridden and wheelchair bound patients.
- Assessment and monitoring of nutritional status by a dietitian.
- Adequate fluid intake (6-8 glasses of water daily).
- Consultation by an ET Nurse (Enterostomal Therapist) or skin specialist.
- Protect yourself and the patient by observing universal blood and body fluid precautions.

WARNINGS: For external use only. Not for deep or puncture wounds. Avoid contact with eyes. Keep out of reach of children. In case of accidental ingestion contact a physician or poison control center immediately. If condition worsens or does not improve after 7 days, discontinue use and consult a doctor.

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USES FOR CALMOSEPTINE® BARRIER OINTMENT

Calmoseptine® Ointment was originally developed by a pharmacist for use as a diaper rash ointment for infants. Since its introduction 80 years ago, many other uses have been found. The following list has been compiled from feedback from doctors, nurses and other health care professionals who have used Calmoseptine® Ointment.

- Diaper Rash in Infants through Adults
- Skin Protection in Incontinent Adults
- Relieves Pain and Helps Promote Healing
- Great for Skin Abrasions from Face Masks
- Skin Protection around Feeding and Drainage Tube Sites
- Protection for Peri-wound Skin
- Pain and Itch Relief in Lymphedema and Venous Stasis conditions – Calmoseptine® Ointment can be used under compression therapy
- Stage 1 Pressure Ulcers
- Minor Burns, Cuts, Scrapes
- Skin Folds, other moist areas subject to fungal infection
- Perianal Soreness and Dermatitis
- Insect Bites
- Shingles, Hives
- Eczema and Psoriasis
- Contact Dermatitis including Poison Oak and Poison Ivy
- Rectal Itch, Hemorrhoids, Anal Fissures
- Perianal Protection with Ileoanal Reservoirs (J-pouches)
- Chafing

Great for First Aid, Sports, and Camping
If you have skin, you can use Calmoseptine® Ointment!

An OTC product used and recommended by Pediatricians, Family Physicians, Colorectal Surgeons, Gastroenterologists, Podiatrists, Dermatologists, Oncologists, WOCNs, NPs, PAs, Hospitals, Clinics, Nursing Homes, Hospices & Palliative Care Facilities, Home Care Practitioners, and Veterinarians.

We invite you to visit our website at
www.calmoseptine.com for further information.

INSTRUCTIONS FOR USE OF CALMOSEPTINE® OINTMENT

Incontinence

1. Gently clean the skin with a mild skin cleanser and/or water.
2. Rinse with clean water.
3. Pat the area dry with a clean towel or gauze.
4. Apply a small amount of Calmoseptine® Ointment to cover the area completely.
5. Repeat after each bowel movement or when skin becomes wet with urine or drainage. It is not necessary to remove all of the Calmoseptine® Ointment when soiling occurs. Simply cleanse soiled area and reapply the Calmoseptine® Ointment where needed to provide complete protection.

Gastric, Jejunal and Suprapubic Tube Sites

1. Gently cleanse area with normal saline, mild skin cleanser or soap and water.
2. Apply a thin layer of Calmoseptine® Ointment to the skin around the tube.
3. If it is necessary to control drainage and protect clothing, cover the ointment with a drain sponge or other dressing.
4. Twice a day application is usually sufficient. If the dressing becomes saturated, it should be replaced more frequently, not reinforced. A thick dressing holds the drainage against the skin and can make the problem worse.
5. It is not necessary to remove all of the Calmoseptine® Ointment with each dressing change. Simply wipe drainage away and reapply Calmoseptine® Ointment and dressing.

Skin Folds

1. Cleanse area gently and pat or air dry. It is very important that the area is thoroughly dry.
2. Apply a small amount of Calmoseptine® Ointment.
3. Spread thinly and rub in well.
4. Reapply once or twice daily.

See Page 2 for more instructions.

Peri-Wound Skin

1. Remove dressing and cleanse the wound as ordered. Use wound care solution to also cleanse drainage from the surrounding skin. Dry the skin.
2. Apply a thin layer of Calmoseptine® Ointment to skin surrounding the wound.
3. Cover the wound and wound edges with an appropriate dressing.

Note: Tape will not adhere to areas covered with Calmoseptine® Ointment so dressing must extend beyond those areas.

Weepy or Denuded Areas

Using stoma powder (i.e.: Convatec Stomahesive® Powder, Hollister Premium Powder) or karaya powder with Calmoseptine® Ointment can help it adhere to weepy and denuded areas. This forms a very protective, somewhat absorbent barrier.

1. Cleanse the area using normal saline or wound cleanser.
2. Very gently pat the area dry with sterile gauze.
3. Apply a light dusting of stoma or karaya powder to the denuded area. This creates a dry surface to help the Calmoseptine® Ointment stick to the wound. Gently dust off excess powder.
4. Gently place a layer of Calmoseptine® Ointment over the powdered area.
5. Apply another light coating of the powder over the Calmoseptine® Ointment.
6. It may be necessary to repeat, adding another layer of Calmoseptine® Ointment and powder in order to entirely cover the wound.
7. Repeat after each bowel movement, diaper or dressing change. As in above applications, it is not necessary or advisable to remove all of the Calmoseptine® Ointment each time. Simply cleanse the surface and reapply the ointment where necessary.

Removal of Calmoseptine® Ointment

Calmoseptine® Ointment can be removed by wiping with a clean dry cloth or gauze. Skin or wound cleansers with surfactants may also be used. If skin is very tender, or if stoma powder has been used and the ointment is crusted, patting or rubbing with mineral, vegetable, or baby oil will soften the ointment for easier removal. Any residual can then be removed with soap and water or a skin or wound cleanser.

Stomahesive® is a registered trademark of E.R. Squibb & Sons, Inc.

CALMOSEPTINE® OINTMENT

LEARNING OBJECTIVES

1. Describe how to properly apply Calmoseptine® Ointment.

- a. Cleanse the skin prior to application with mild skin cleanser or water. Pat dry or allow to air dry.
- b. Apply a thin layer 2-4 times daily to affected area, or as necessary to promote comfort and protection.
- c. Calmoseptine® Ointment can be applied to intact or irritated skin around an ostomy site. However, use only a *very small amount and rub it in completely*. Hold barrier in place for about one minute. This will increase the adhesion of standard barrier adhesive. Pouches with a clear adhesion barrier, such as Cymed, will not stick to peristomal skin when Calmoseptine® Ointment is applied.

2. State some indications for using Calmoseptine® Ointment.

- a. To prevent or protect any area of the body from urine, feces, or moisture
- b. To protect and help heal already irritated skin from urine, feces, or moisture
- c. To relieve the discomfort and itching from contact dermatitis and other rashes

Examples for use: Incontinence, leakage around feeding or drain tubes, fistulas, skin surrounding draining wounds, diaper rash, and perspiration

3. Describe proper removal techniques to prevent dermal injury.

- a. In most cases, the majority of Calmoseptine® Ointment can be removed with a clean, dry cloth or gauze. Residual can then be removed using a skin cleanser with a surfactant.
- b. On fragile skin and in tender or painful areas, it is advisable to soften Calmoseptine® Ointment using mineral oil or baby oil before attempting to remove. This also works to soften ointment that has been left on the skin and has hardened or crusted. Gently pat or rub the oil into the ointment until it can easily be removed with a soft dry cloth or gauze. The residual oil can then be washed off with a gentle skin cleanser or mild soap and water.

Note: When using Calmoseptine® Ointment as a moisture barrier, often it is not necessary to thoroughly remove the ointment from the skin. It is sufficient to cleanse and remove waste material, leaving a base layer of the ointment. Reapply only where necessary.

4. State, in general, the mode of action of the product.

- a. Provides a physical moisture barrier
- b. Has a mild drying effect on moist skin
- c. Stimulates nerve endings, thus temporarily relieves discomfort and itching
- d. Mild antiseptic ingredients also help to prevent secondary bacterial and fungal infections of the skin.

5. **Discuss possible adverse reactions and how to manage them.**

- a. Although it is rare, the possibility for an allergic reaction exists due to sensitivity to any one of the ingredients. Most commonly, this would be manifested by severe itching after the product is applied, the development of a rash or hives, or an increased area of a rash compared to what was present previously. As in any allergic reaction, more severe symptoms such as extreme discomfort or difficulty breathing (anaphylaxis) could occur.

If you suspect patient is allergic, remove the Calmoseptine[®] Ointment by one of the methods described above.

- b. When nerve endings are exposed due to denuded skin, some discomfort on application may occur. However, it frequently goes away within 2-3 minutes and the patient should report a cooling sensation.

If the discomfort continues or if the patient cannot tolerate it, remove Calmoseptine[®] Ointment by one of the methods described above.

6. **Explain the method of using stoma powder or karaya powder with Calmoseptine[®] Ointment to treat weepy, denuded skin.**

Using stoma powder (i.e. Convatec Stomahesive[®] Powder, or Hollister Premium Powder) or karaya powder with Calmoseptine[®] Ointment can help it adhere to weepy and denuded areas. This forms a very protective, somewhat absorbent barrier.

- a. Cleanse area using normal saline or wound cleanser and pat dry, using sterile gauze.
- b. Apply a light dusting of stoma or karaya powder to denuded area. This creates a dry surface to help the Calmoseptine[®] Ointment stick to the wound. Gently dust off excess powder.
- c. Gently place a layer of Calmoseptine[®] Ointment over the powdered area.
- d. Apply another light coating of the powder over the Calmoseptine[®] Ointment and pat into the ointment. Dust off excess.
- e. It may be necessary to repeat, adding another layer of Calmoseptine[®] Ointment and powder in order to entirely cover the wound.
- f. Repeat after each bowel movement, diaper or dressing change. As in above applications, it is not necessary or advisable to remove all of the Calmoseptine[®] Ointment each time. Simply cleanse surface and reapply where necessary.

IF SKIN DOES NOT IMPROVE IN 7 DAYS, OR IF CONDITION WORSENS, NOTIFY PHYSICIAN OR E.T. NURSE. There may be an underlying problem, such as a bacterial or fungal infection, that requires the use of a prescription product.

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How do I remove Calmoseptine® Ointment?

Removal of Calmoseptine® Ointment from the skin:

It is not usually necessary to entirely remove Calmoseptine® Ointment from the skin. Any soiled areas can be cleansed of soil leaving a thin layer of ointment. More Calmoseptine® Ointment is then applied only where necessary. This minimizes trauma to the skin from friction during cleansing.

If it is necessary to thoroughly cleanse the ointment from the skin, Calmoseptine® Ointment can be removed by wiping with a clean dry cloth or gauze. Skin or wound cleansers with surfactants may also be used.

If skin is tender or fragile, or if stoma powder has been used and the ointment is crusted, patting or rubbing with oil (mineral, vegetable, or baby oil) will soften the ointment for easier removal. Any residual can then be removed with soap and water or a skin or wound cleanser.

From clothing or objects:

For solid objects like floors, vinyl, wood, etc. use mineral or baby oil applied to a cotton ball, pat until the Calmoseptine® Ointment loosens enough to be removed with the cotton ball. Clean the oil.

For bedding & clothing, Clorox® 2 has been found to be useful.

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THE ORIGINAL SINCE 1957

NEW
CONVENIENT
20g SIZE!
NOW
AVAILABLE!

Where can I purchase Calmoseptine[®] Ointment?

1. PHARMACY

Purchase Instructions for Calmoseptine[®] Ointment:
Available nationwide at



In the Incontinence Section (WIC# 122055)

Calmoseptine[®] Ointment is a **non-prescription**, multipurpose moisture barrier. Most **pharmacies** can **special order** Calmoseptine[®] Ointment through their **supplier** (wholesaler or distributor) and have it for you in a few days.

If the pharmacy requires more information, have them call **1-800-800-3405** between 9am to 5pm (PST).

The NDC# for a 2.5 oz tube is #0799-0001-02 and the NDC# for a 4.0 oz tube is #0799-0001-04. Suggested retail price for the 2.5 oz tube is \$7.00 and for the 4.0 oz tube is \$8.75. Please note it may be necessary to add an extra zero on some systems (#00799-0001-02 or #00799-001-04).

2. MAIL ORDER

Companies listed below are national mail order companies. Please check for current pricing and shipping charges.

Company	Website	Toll Free # or E-mail
Amazon	Amazon.com	1-866-216-1072
Allegro Medical	AllegroMedical.com	1-800-861-3211
Express Medical Supply, Inc.	ExMed.net	1-800-633-2139
Home Delivery Incontinent Supplies	HDIS.com	1-800-538-1036
Medical Monks	www.medicalmonks.com/calmoseptine	1-844-859-9400
My OTC Store	myOTCstore.com	sdarisi@myotcstore.com
Walgreens	Walgreens.com	1-877-250-5823

* if covered by your insurance provider

3. ORDER DIRECT

Call Calmoseptine[®] Ointment, Inc. at 1-800-800-3405

The minimum order is 1 case (12 tubes per case).

4.0 oz Tubes are \$82.80 per case (\$6.90 per tube), plus applicable shipping and tax charges. 2.5 oz Tubes are \$69.00 per case (\$5.75 per tube), plus applicable shipping and tax charges. We accept Visa, MasterCard, Discover, and American Express.

SEE PAGE 4 FOR RETAIL PURCHASE INFORMATION.

PLEASE FEEL FREE TO CALL CALMOSEPTINE, INC.

Phone: 1-800-800-3405

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